

**Video Title:** Omar Choque

**Date:** January 22, 2018

**Running Time:** 2:30

| <b>Time</b> | <b>Content</b>   |
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| 00:00-00:26 | [Omar dances to Salsa music]<br>“Dancing has always been in my life really, ever since I was a kid. My mom, she's from Bolivia and she would always play like different types of music, Latin music. Some of which is like Salsa, like Bachata, la Cumbia a bit of Merengue and really I grew up listening to that to that genre music.”   |
| 00:26-00:39 | [Interview shot of Omar]<br>“I've always been fascinated by the human body and that's why I knew that the kinesiology program at the University of Guelph-Humber was the right fit for me. Kinesiology is essentially the study of human movement, and what is dancing? Dancing is just movement.”   |
| 00:39-00:54 | [Omar dances]  |
| 00:54-1:07  | [Shot of Omar writing notes with ear buds in to listen to music] “Throughout my life I've encountered many adversities and getting into University of Guelph-Humber was no different. But once I got in, I was presented with the opportunity to conduct research to develop amazing relationships with my...”   |
| 1:07-1:12   | [Interview shot of Omar]<br>“...professors and peers which ultimately led me to getting a Master degree.”  |
| 1:12-1:24   | [Omar dances]  |
| 1:24-1:50   | [Omar teaches a dance class]<br>“I love to teach because it gives me the opportunity to really inspire and change people's lives. Notably there's a professor at the University of Guelph-Humber who really took a personal interest in me and he encouraged, motivated me to get my research published and with his help it did get published through a prestigious journal and |

ultimately this segwayed into me wanting to do the same for my students.”

1:50-2:04

[Interview shot of Omar]

“My advice to undergraduate students and even graduate students is don't feel that you're limited to just one field because I've taken my degree and I've managed to utilize it in so many different ways and so really it's up to you as to how you want to mould your career.”

2:04-2:30

[Omar dances]