

FALL 2025 KINESIOLOGY

COURSE ROOM/DELIVERY

Humber Lab/Room

Guelph Lab

Alternate

Semester	Course Code	Course Name	Section	Lecture Day	Lecture Start Time	Lecture End Time
KIN Sem 1	KIN 1010	Health & Wellness	01	Tuesday	8:00 AM	10:40 AM
			02	Tuesday	11:40 AM	2:20 PM
KIN Sem 1	KIN 1030	Human Anatomy I	0101	Thursday	9:50 AM	11:35 AM
				Tuesday	10:45 AM	11:35 AM
				Friday	10:00 AM	12:00 PM
			0202	Thursday	8:00 AM	9:45 AM
				Tuesday	2:25 PM	3:15 PM
				Friday	12:30 PM	2:30 PM
KIN Sem 1	SCMA1120	Cell Biology	0101	Wednesday	2:25 PM	4:10 PM
				Monday	9:50 AM	11:35 AM
				Wednesday	4:15 PM	6:00 PM
			0102	Wednesday	2:25 PM	4:10 PM
				Monday	9:50 AM	11:35 AM
				Wednesday	6:05 PM	7:50 PM
			0203	Wednesday	11:40 AM	1:25 PM
				Monday	8:00 AM	9:45 AM
				Thursday	4:15 PM	6:00 PM
			0204	Wednesday	11:40 AM	1:25 PM
				Monday	8:00 AM	9:45 AM
				Thursday	6:05 PM	7:50 PM
KIN Sem 1	SCMA1500	Introductory Mathematics for Kinesiology	0101	Monday	11:40 AM	1:25 PM
				Thursday	11:40 AM	1:25 PM

			0202	Thursday	2:25 PM	4:10 PM
				Monday	2:25 PM	4:10 PM
		*PRACTICUMS LISTED BELOW				
Kin Sem 3	KIN 2060	Human Physiology II	01	Friday	1:30 PM	4:10 PM
Kin Sem 3	KIN 2070	Biochemistry and Metabolism	0101	Wednesday	8:00 AM	9:45 AM
				Friday	8:00 AM	9:45 AM
				Friday	9:50 AM	11:35 AM
			0102	Wednesday	8:00 AM	9:45 AM
				Friday	8:00 AM	9:45 AM
				Friday	11:40 AM	1:25 PM
			0103	Wednesday	8:00 AM	9:45 AM
				Friday	8:00 AM	9:45 AM
				Wednesday	9:50 AM	11:35 AM
			0104	Wednesday	8:00 AM	9:45 AM
				Friday	8:00 AM	9:45 AM
				Wednesday	11:40 AM	1:25 PM
Kin Sem 3	KIN 2100	Fundamentals of Fitness Testing	0101	Wednesday	1:30 PM	2:20 PM
				Tuesday	8:00 AM	9:45 AM
				Tuesday	10:45 AM	12:30 PM
			0102	Wednesday	1:30 PM	2:20 PM
				Tuesday	8:00 AM	9:45 AM
				Tuesday	12:35 PM	2:20 PM
			0103	Wednesday	1:30 PM	2:20 PM
				Tuesday	8:00 AM	9:45 AM
				Tuesday	2:25 PM	4:10 PM
			0104	Wednesday	1:30 PM	2:20 PM
				Tuesday	8:00 AM	9:45 AM
				Tuesday	4:15 PM	6:00 PM
			0105	Wednesday	1:30 PM	2:20 PM
				Tuesday	8:00 AM	9:45 AM
				Tuesday	6:05 PM	7:50 PM

Kin Sem 3	KIN 2200	Exercise Technique & Prescription	0101	Wednesday	2:25 PM	5:05 PM
				Monday	8:00 AM	9:45 AM
			0102	Wednesday	2:25 PM	5:05 PM
				Monday	9:50 AM	11:35 AM
			0103	Wednesday	2:25 PM	5:05 PM
				Monday	11:40 AM	1:25 PM
			0104	Wednesday	2:25 PM	5:05 PM
				Monday	1:30 PM	3:15 PM
			0105	Wednesday	2:25 PM	5:05 PM
				Monday	3:20 PM	5:05 PM
			0106	Wednesday	2:25 PM	5:05 PM
				Monday	5:10 PM	6:55 PM
		*PRACTICUMS LISTED BELOW				
KIN Sem 5	KIN 3010	Exercise Physiology	0101	Wednesday	11:40 AM	2:20 PM
				Monday	9:50 AM	11:35 AM
			0102	Wednesday	11:40 AM	2:20 PM
				Monday	11:40 AM	1:25 PM
			0103	Wednesday	11:40 AM	2:20 PM
				Monday	1:30 PM	3:15 PM
			0104	Wednesday	11:40 AM	2:20 PM
				Monday	3:20 PM	5:05 PM
			0105	Wednesday	11:40 AM	2:20 PM
				Monday	11:40 AM	1:25 PM
			0106	Wednesday	11:40 AM	2:20 PM
				Monday	1:30 PM	3:15 PM
			0107	Wednesday	11:40 AM	2:20 PM
				Monday	3:20 PM	5:05 PM
KIN Sem 5	KIN 3020	Injuries & Exercise Contraindication	0101	Thursday	8:55 AM	10:40 AM
				Tuesday	8:55 AM	9:45 AM
			0202	Thursday	11:40 AM	1:25 PM
				Tuesday	11:40 AM	12:30 PM

KIN Sem 5	KIN 3100	Fitness and Lifestyle Assessment	0101	Wednesday	10:45 AM	11:35 AM
				Thursday	1:30 PM	3:15 PM
				Friday	8:00 AM	9:45 AM
			0102	Wednesday	10:45 AM	11:35 AM
				Thursday	1:30 PM	3:15 PM
				Friday	9:50 AM	11:35 AM
			0103	Wednesday	10:45 AM	11:35 AM
				Thursday	1:30 PM	3:15 PM
				Friday	11:40 AM	1:25 PM
			0104	Wednesday	10:45 AM	11:35 AM
				Thursday	1:30 PM	3:15 PM
				Friday	1:30 PM	3:15 PM
			0105	Wednesday	10:45 AM	11:35 AM
				Thursday	1:30 PM	3:15 PM
				Friday	3:20 PM	5:05 PM
KIN Sem 5	SCMA2080	Mathematics & Biophysics	0101	Tuesday	8:55 AM	10:40 AM
				Thursday	8:55 AM	10:40 AM
			0202	Tuesday	11:40 AM	1:25 PM
				Thursday	11:40 AM	1:25 PM
KIN Sem 5	SCMA3080	Statistics for Kinesiology	0101	Monday	8:55 AM	11:35 AM
				Friday	8:00 AM	9:45 AM
			0102	Monday	8:55 AM	11:35 AM
				Friday	9:50 AM	11:35 AM
			0103	Monday	8:55 AM	11:35 AM
				Friday	11:40 AM	1:25 PM
			0204	Tuesday	1:30 PM	4:10 PM
				Friday	1:30 PM	3:15 PM
			0205	Tuesday	1:30 PM	4:10 PM
				Friday	3:20 PM	5:05 PM
		*PRACTICUMS LISTED BELOW				

KIN Sem 7	KIN 3060	Human Development and Aging	01	Thursday	8:55 AM	11:35 AM
KIN Sem 7	KIN 3110	Advanced Fitness Assessment	0101	Wednesday	8:00 AM	9:45 AM
				Friday	8:55 AM	9:45 AM
				Wednesday	10:45 AM	12:30 PM
			0102	Wednesday	8:00 AM	9:45 AM
				Friday	8:55 AM	9:45 AM
				Wednesday	12:35 PM	2:20 PM
			0103	Wednesday	8:00 AM	9:45 AM
				Friday	8:55 AM	9:45 AM
				Wednesday	2:25 PM	4:10 PM
			0104	Wednesday	8:00 AM	9:45 AM
				Friday	8:55 AM	9:45 AM
				Wednesday	4:15 PM	6:00 PM
			0105	Wednesday	8:00 AM	9:45 AM
				Friday	8:55 AM	9:45 AM
				Wednesday	6:05 PM	7:50 PM
KIN Sem 7	KIN 3250	Natural Health Products and Physical Activity	01	Thursday	1:30 PM	4:10 PM
KIN Sem 7	KIN 4030	Motor Learning and Neural Control	01	Friday	12:35 PM	3:15 PM
		TAKE ONE OF:				
KIN Sem 7	KIN 3190	Field Placement II	01	Friday	9:50 AM	11:35 AM
			02	Friday	9:50 AM	11:35 AM
KIN Sem 7	KIN 4300	Kinesiology Thesis I	01	Wednesday	10:45 AM	12:30 PM
		*PRACTICUMS LISTED BELOW				
KIN Sem 7	KIN 1210	Athletic Coaching Techniques	01	Friday	9:50 AM	11:35 AM
			02	Friday	11:40 AM	1:25 PM
KIN Sem 7	KIN 1240	Martial Arts for Group Fitness Training	01	Monday	8:00 AM	9:45 AM
			02	Monday	9:50 AM	11:35 AM
KIN Sem 7	KIN 1250	Stress Management, Meditation & Relaxation	01	Wednesday	9:50 AM	11:35 AM

			02	Monday	11:40 AM	1:25 PM
KIN Sem 7	KIN 1410	Therapeutic Exercise of Musculoskel	01	Monday	1:30 PM	3:15 PM
			02	Monday	3:20 PM	5:05 PM
KIN Sem 7	KIN 1470	Diversity in Health, Fitness and Sport	01	Wednesday	11:40 AM	1:25 PM
KIN Sem 7	KIN 1490	Leadership and Entrepreneurship	01	Tuesday	2:25 PM	4:10 PM
KIN Sem 7	KIN 1510	Considerations for Healthy Aging	01	Monday	2:25 PM	4:10 PM