

FALL 2025 KINESIOLOGY

COURSE ROOM/DELIVERY

Humber Lab/Room

Guelph Lab

Alternate

Semester	Course Code	Course Name	Course Synonym	Section	Lecture Day	Lecture Start Time	Lecture End Time
KIN Sem 1	KIN 1010	Health & Wellness	9232	01	Tuesday	8:00 AM	10:40 AM
			9233	02	Tuesday	11:40 AM	2:20 PM
KIN Sem 1	KIN 1030	Human Anatomy I	9234	0101	Thursday	9:50 AM	11:35 AM
					Tuesday	10:45 AM	11:35 AM
					Friday	10:00 AM	12:00 PM
			9235	0202	Thursday	8:00 AM	9:45 AM
					Tuesday	2:25 PM	3:15 PM
					Friday	12:30 PM	2:30 PM
KIN Sem 1	SCMA1120	Cell Biology	9371	0101	Wednesday	2:25 PM	4:10 PM
					Monday	9:50 AM	11:35 AM
					Wednesday	4:15 PM	6:00 PM
			9372	0102	Wednesday	2:25 PM	4:10 PM
					Monday	9:50 AM	11:35 AM
					Wednesday	6:05 PM	7:50 PM
			9373	0203	Wednesday	11:40 AM	1:25 PM
					Monday	8:00 AM	9:45 AM
					Thursday	4:15 PM	6:00 PM
			9374	0204	Wednesday	11:40 AM	1:25 PM
					Monday	8:00 AM	9:45 AM
					Thursday	6:05 PM	7:50 PM
KIN Sem 1	SCMA1500	Introductory Mathematics for Kinesiology	9375	0101	Monday	11:40 AM	1:25 PM
					Thursday	11:40 AM	1:25 PM
			9376	0202	Thursday	2:25 PM	4:10 PM
					Monday	2:25 PM	4:10 PM

		*PRACTICUMS LISTED BELOW					
Kin Sem 3	KIN 2060	Human Physiology II	9247	01	Friday	1:30 PM	4:10 PM
Kin Sem 3	KIN 2070	Biochemistry and Metabolism	9248	0101	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	9:45 AM
					Friday	9:50 AM	11:35 AM
			9249	0102	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	9:45 AM
					Friday	11:40 AM	1:25 PM
			9250	0103	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	9:45 AM
					Wednesday	9:50 AM	11:35 AM
			9251	0104	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	9:45 AM
					Wednesday	11:40 AM	1:25 PM
Kin Sem 3	KIN 2100	Fundamentals of Fitness Testing	9252	0101	Wednesday	1:30 PM	2:20 PM
					Tuesday	8:00 AM	9:45 AM
					Tuesday	10:45 AM	12:30 PM
			9253	0102	Wednesday	1:30 PM	2:20 PM
					Tuesday	8:00 AM	9:45 AM
					Tuesday	12:35 PM	2:20 PM
			9254	0103	Wednesday	1:30 PM	2:20 PM
					Tuesday	8:00 AM	9:45 AM
					Tuesday	2:25 PM	4:10 PM
			9255	0104	Wednesday	1:30 PM	2:20 PM
					Tuesday	8:00 AM	9:45 AM
					Tuesday	4:15 PM	6:00 PM
			9256	0105	Wednesday	1:30 PM	2:20 PM
					Tuesday	8:00 AM	9:45 AM
					Tuesday	6:05 PM	7:50 PM
Kin Sem 3	KIN 2200	Exercise Technique & Prescription	9257	0101	Wednesday	2:25 PM	5:05 PM
					Monday	8:00 AM	9:45 AM
			9258	0102	Wednesday	2:25 PM	5:05 PM
					Monday	9:50 AM	11:35 AM

			9259	0103	Wednesday	2:25 PM	5:05 PM
					Monday	11:40 AM	1:25 PM
			9260	0104	Wednesday	2:25 PM	5:05 PM
					Monday	1:30 PM	3:15 PM
			9261	0105	Wednesday	2:25 PM	5:05 PM
					Monday	3:20 PM	5:05 PM
			9262	0106	Wednesday	2:25 PM	5:05 PM
					Monday	5:10 PM	6:55 PM
		*PRACTICUMS LISTED BELOW					
KIN Sem 5	KIN 3010	Exercise Physiology	9263	0101	Wednesday	11:40 AM	2:20 PM
					Monday	9:50 AM	11:35 AM
			9264	0102	Wednesday	11:40 AM	2:20 PM
					Monday	11:40 AM	1:25 PM
			9265	0103	Wednesday	11:40 AM	2:20 PM
					Monday	1:30 PM	3:15 PM
			9266	0104	Wednesday	11:40 AM	2:20 PM
					Monday	3:20 PM	5:05 PM
			9267	0105	Wednesday	11:40 AM	2:20 PM
					Monday	11:40 AM	1:25 PM
			9268	0106	Wednesday	11:40 AM	2:20 PM
					Monday	1:30 PM	3:15 PM
			9269	0107	Wednesday	11:40 AM	2:20 PM
					Monday	3:20 PM	5:05 PM
KIN Sem 5	KIN 3020	Injuries & Exercise Contraindication	9270	0101	Thursday	8:55 AM	10:40 AM
					Tuesday	8:55 AM	9:45 AM
			9271	0202	Thursday	11:40 AM	1:25 PM
					Tuesday	11:40 AM	12:30 PM
KIN Sem 5	KIN 3100	Fitness and Lifestyle Assessment	9273	0101	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	8:00 AM	9:45 AM
			9274	0102	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	9:50 AM	11:35 AM

			9275	0103	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	11:40 AM	1:25 PM
			9276	0104	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	1:30 PM	3:15 PM
			9277	0105	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	3:20 PM	5:05 PM
KIN Sem 5	SCMA2080	Mathematics & Biophysics	9396	0101	Tuesday	8:55 AM	10:40 AM
					Thursday	8:55 AM	10:40 AM
			9397	0202	Tuesday	11:40 AM	1:25 PM
					Thursday	11:40 AM	1:25 PM
KIN Sem 5	SCMA3080	Statistics for Kinesiology	9414	0101	Monday	8:55 AM	11:35 AM
					Friday	8:00 AM	9:45 AM
			9415	0102	Monday	8:55 AM	11:35 AM
					Friday	9:50 AM	11:35 AM
			9416	0103	Monday	8:55 AM	11:35 AM
					Friday	11:40 AM	1:25 PM
			9417	0204	Tuesday	1:30 PM	4:10 PM
					Friday	1:30 PM	3:15 PM
			9418	0205	Tuesday	1:30 PM	4:10 PM
					Friday	3:20 PM	5:05 PM
		*PRACTICUMS LISTED BELOW					
KIN Sem 7	KIN 3060	Human Development and Aging	9272	01	Thursday	8:55 AM	11:35 AM
KIN Sem 7	KIN 3110	Advanced Fitness Assessment	9278	0101	Wednesday	8:00 AM	9:45 AM
					Friday	8:55 AM	9:45 AM
					Wednesday	10:45 AM	12:30 PM
			9279	0102	Wednesday	8:00 AM	9:45 AM
					Friday	8:55 AM	9:45 AM
					Wednesday	12:35 PM	2:20 PM
			9280	0103	Wednesday	8:00 AM	9:45 AM

					Friday	8:55 AM	9:45 AM
					Wednesday	2:25 PM	4:10 PM
			9281	0104	Wednesday	8:00 AM	9:45 AM
					Friday	8:55 AM	9:45 AM
					Wednesday	4:15 PM	6:00 PM
			9282	0105	Wednesday	8:00 AM	9:45 AM
					Friday	8:55 AM	9:45 AM
					Wednesday	6:05 PM	7:50 PM
KIN Sem 7	KIN 3250	Natural Health Products and Physical Activity	9285	01	Thursday	1:30 PM	4:10 PM
KIN Sem 7	KIN 4030	Motor Learning and Neural Control	9286	01	Friday	12:35 PM	3:15 PM
		TAKE ONE OF:					
KIN Sem 7	KIN 3190	Field Placement II	9283	01	Friday	9:50 AM	11:35 AM
				02	Friday	9:50 AM	11:35 AM
KIN Sem 7	KIN 4300	Kinesiology Thesis I	9287	01	Wednesday	10:45 AM	12:30 PM
		*PRACTICUMS LISTED BELOW					
KIN Sem 7	KIN 1210	Athletic Coaching Techniques	9236	01	Friday	9:50 AM	11:35 AM
				02	Friday	11:40 AM	1:25 PM
KIN Sem 7	KIN 1240	Martial Arts for Group Fitness Training	9238	01	Monday	8:00 AM	9:45 AM
				02	Monday	9:50 AM	11:35 AM
KIN Sem 7	KIN 1250	Stress Management, Meditation & Relaxation	9240	01	Wednesday	9:50 AM	11:35 AM
				02	Monday	11:40 AM	1:25 PM
KIN Sem 7	KIN 1410	Therapeutic Exercise of Musculoskel	9242	01	Monday	1:30 PM	3:15 PM
				02	Monday	3:20 PM	5:05 PM
KIN Sem 7	KIN 1470	Diversity in Health, Fitness and Sport	9244	01	Wednesday	11:40 AM	1:25 PM
KIN Sem 7	KIN 1490	Leadership and Entrepreneurship	9245	01	Tuesday	2:25 PM	4:10 PM
KIN Sem 7	KIN 1510	Considerations for Healthy Aging	9246	01	Monday	2:25 PM	4:10 PM