

FALL 2026 KINESIOLOGY

COURSE ROOM/DELIVERY
Humber Lab/Room
Guelph Lab

Semester	Course Code	Course Name	Course Synonym	Section	Lecture Day	Lecture Start Time	Lecture End Time
KIN Sem 1	KIN 1010	Health & Wellness	9766	01	Tuesday	8:00 AM	10:40 AM
			9767	02	Tuesday	12:35 PM	3:15 PM
KIN Sem 1	KIN 1030	Human Anatomy I	9768	0101	Thursday	9:50 AM	11:35 AM
					Tuesday	10:45 AM	11:35 AM
					Friday	10:00 AM	12:00 PM
			9769	0202	Thursday	8:00 AM	9:45 AM
					Tuesday	11:40 AM	12:30 PM
					Friday	12:30 PM	2:30 PM
KIN Sem 1	SCMA1120	Cell Biology	9899	0101	Wednesday	2:25 PM	4:10 PM
					Monday	9:50 AM	11:35 AM
					Wednesday	4:15 PM	6:00 PM
			9900	0102	Wednesday	2:25 PM	4:10 PM
					Monday	9:50 AM	11:35 AM
					Wednesday	6:05 PM	7:50 PM
			9901	0203	Wednesday	11:40 AM	1:25 PM
					Monday	8:00 AM	9:45 AM
					Thursday	8:00 AM	9:45 AM
			9902	0204	Wednesday	11:40 AM	1:25 PM
					Monday	8:00 AM	9:45 AM
					Thursday	9:50 AM	11:35 AM
			9903	0205	Wednesday	11:40 AM	1:25 PM
					Monday	8:00 AM	9:45 AM
					Thursday	11:40 AM	1:25 PM
KIN Sem 1	SCMA1500	Introductory Mathematics for Kinesiology	9904	0101	Monday	11:40 AM	1:25 PM

					Thursday	11:40 AM	1:25 PM
			9905	0202	Thursday	2:25 PM	4:10 PM
					Monday	2:25 PM	4:10 PM
		*PRACTICUMS LISTED BELOW					
Kin Sem 3	KIN 2060	Human Physiology II	9782	01	Thursday	8:00 AM	10:40 AM
			9783	02	Thursday	12:35 PM	3:15 PM
Kin Sem 3	KIN 2070	Biochemistry and Metabolism	9784	0101	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	9:45 AM
					Wednesday	9:50 AM	11:35 AM
			9785	0102	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	9:45 AM
					Friday	9:50 AM	11:35 AM
			9786	0203	Wednesday	9:50 AM	11:35 AM
					Friday	9:50 AM	11:35 AM
					Wednesday	11:40 AM	1:25 PM
			9787	0204	Wednesday	9:50 AM	11:35 AM
					Friday	9:50 AM	11:35 AM
					Friday	11:40 AM	1:25 PM
Kin Sem 3	KIN 2100	Fundamentals of Fitness Testing	9788	0101	Tuesday	8:00 AM	8:50 AM
					Thursday	10:45 AM	12:30 PM
					Tuesday	9:50 AM	11:35 AM
			9789	0102	Tuesday	8:00 AM	8:50 AM
					Thursday	10:45 AM	12:30 PM
					Tuesday	11:40 AM	1:25 PM
			9790	0103	Tuesday	8:00 AM	8:50 AM
					Thursday	10:45 AM	12:30 PM
					Tuesday	1:30 PM	3:15 PM
			9791	0204	Tuesday	8:55 AM	9:45 AM
					Thursday	1:30 PM	3:15 PM
					Tuesday	3:20 PM	5:05 PM
			9792	0205	Tuesday	8:55 AM	9:45 AM
					Thursday	1:30 PM	3:15 PM

					Tuesday	5:10 PM	6:55 PM
Kin Sem 3	KIN 2200	Exercise Technique & Prescription	9793	0101	Wednesday	1:30 PM	4:10 PM
					Monday	8:00 AM	9:45 AM
			9794	0102	Wednesday	1:30 PM	4:10 PM
					Monday	9:50 AM	11:35 AM
			9795	0103	Wednesday	1:30 PM	4:10 PM
					Monday	11:40 AM	1:25 PM
			9796	0204	Friday	1:30 PM	4:10 PM
					Monday	1:30 PM	3:15 PM
			9797	0205	Friday	1:30 PM	4:10 PM
					Monday	3:20 PM	5:05 PM
			9798	0206	Friday	1:30 PM	4:10 PM
					Monday	5:10 PM	6:55 PM
		*PRACTICUMS LISTED BELOW					
KIN Sem 5	KIN 3010	Exercise Physiology	9799	0101	Wednesday	11:40 AM	2:20 PM
					Monday	1:30 PM	3:15 PM
			9800	0102	Wednesday	11:40 AM	2:20 PM
					Monday	1:30 PM	3:15 PM
			9801	0103	Wednesday	11:40 AM	2:20 PM
					Monday	3:20 PM	5:05 PM
			9802	0104	Wednesday	11:40 AM	2:20 PM
					Monday	3:20 PM	5:05 PM
			9803	0205	Wednesday	8:00 AM	10:40 AM
					Monday	9:50 AM	11:35 AM
			9804	0206	Wednesday	8:00 AM	10:40 AM
					Monday	11:40 AM	1:25 PM
			9805	0207	Wednesday	8:00 AM	10:40 AM
					Monday	11:40 AM	1:25 PM
KIN Sem 5	KIN 3020	Injuries & Exercise Contraindication	9806	01	Thursday	8:55 AM	10:40 AM
					Tuesday	8:55 AM	9:45 AM
			9807	02	Thursday	11:40 AM	1:25 PM
					Tuesday	11:40 AM	12:30 PM

KIN Sem 5	KIN 3100	Fitness and Lifestyle Assessment	9810	0101	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	8:00 AM	9:45 AM
			9811	0102	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	9:50 AM	11:35 AM
			9812	0103	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	11:40 AM	1:25 PM
			9813	0104	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	1:30 PM	3:15 PM
			9814	0105	Wednesday	10:45 AM	11:35 AM
					Thursday	1:30 PM	3:15 PM
					Friday	3:20 PM	5:05 PM
KIN Sem 5	SCMA2080	Physics for Human Movement Science	9925	01	Tuesday	8:55 AM	10:40 AM
					Thursday	8:55 AM	10:40 AM
			9926	02	Tuesday	11:40 AM	1:25 PM
					Thursday	11:40 AM	1:25 PM
KIN Sem 5	SCMA3080	Statistics for Kinesiology	9942	0101	Monday	11:40 AM	2:20 PM
					Friday	8:00 AM	9:45 AM
			9943	0102	Monday	11:40 AM	2:20 PM
					Friday	9:50 AM	11:35 AM
			9944	0203	Monday	8:55 AM	11:35 AM
					Friday	11:40 AM	1:25 PM
			9945	0204	Monday	8:55 AM	11:35 AM
					Friday	1:30 PM	3:15 PM
			9946	0205	Monday	8:55 AM	11:35 AM
					Friday	3:20 PM	5:05 PM
		*PRACTICUMS LISTED BELOW					

KIN Sem 7	KIN 3060	Human Development and Aging	9808	01	Thursday	8:00 AM	10:40 AM
			9809	02	Thursday	2:25 PM	5:05 PM
KIN Sem 7	KIN 3110	Advanced Fitness Assessment	9815	0101	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	8:50 AM
					Wednesday	10:45 AM	12:30 PM
			9816	0102	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	8:50 AM
					Wednesday	12:35 PM	2:20 PM
			9817	0103	Wednesday	8:00 AM	9:45 AM
					Friday	8:00 AM	8:50 AM
					Wednesday	2:25 PM	4:10 PM
			9818	0204	Wednesday	10:45 AM	12:30 PM
					Friday	8:55 AM	9:45 AM
					Wednesday	4:15 PM	6:00 PM
			9819	0205	Wednesday	10:45 AM	12:30 PM
					Friday	8:55 AM	9:45 AM
					Wednesday	6:05 PM	7:50 PM
KIN Sem 7	KIN 3250	Natural Health Products and Physical Activity	9821	01	Thursday	11:40 AM	2:20 PM
			9822	02	Friday	9:50 AM	12:30 PM
KIN Sem 7	KIN 4030	Motor Learning and Neural Control	9823	01	Thursday	8:00 AM	10:40 AM
			9824	02	Thursday	2:25 PM	5:05 PM
		TAKE ONE OF:					
KIN Sem 7	KIN 3190	Field Placement II	9820	01	Friday	12:35 PM	2:20 PM
KIN Sem 7	KIN 4300	Kinesiology Thesis I	9825	01	Wednesday	12:35 PM	2:20 PM
		*PRACTICUMS LISTED BELOW					
	KIN 1210	Athletic Coaching Techniques	9770	01	Tuesday	12:35 PM	2:20 PM
			9771	02	Tuesday	2:25 PM	4:10 PM
	KIN 1240	Martial Arts for Group Fitness Training	9772	01	Monday	8:00 AM	9:45 AM
			9773	02	Monday	9:50 AM	11:35 AM

	KIN 1250	Stress Management, Meditation & Relaxation	9774	01	Monday	11:40 AM	1:25 PM
			9775	02	Monday	1:30 PM	3:15 PM
	KIN 1410	Therapeutic Exercise of Musculoskel	9776	01	Thursday	12:35 PM	2:20 PM
			9777	02	Thursday	3:20 PM	5:05 PM
	KIN 1470	Diversity in Health, Fitness and Sport	9778	01	Wednesday	8:55 AM	10:40 AM
			9779	02	Wednesday	11:40 AM	1:25 PM
	KIN 1490	Leadership and Entrepreneurship	9780	01	Tuesday	2:25 PM	4:10 PM
	KIN 1510	Considerations for Healthy Aging	9781	01	Tuesday	9:50 AM	11:35 AM