

Semester	Course Code	Course Name	Course Synonym	Section	Lecture Day	Lecture Start Time	Lecture End Time
CSS Sem 1	CSS 1050	The Social Determinants Of Health		01	Wednesday	9:50 AM	12:30 PM
CSS Sem 1	CSS1060	Mental Health, Well-being, and Resiliency		01	Friday	9:50 AM	12:30 PM
CSS Sem 1	CSS1210	Writing and Communication Skills		01	Thursday	9:50 AM	12:30 PM
CSS Sem 1	AHSS1130	Principles of Sociology		01	Thursday	6:05 PM	8:45 PM
				02	Thursday	1:30 PM	4:10 PM
				03	Thursday	10:45 AM	1:25 PM
				04	Tuesday	8:00 AM	10:40 AM
				05	Tuesday	11:40 AM	2:20 PM
				06	Wednesday	8:55 AM	11:35 AM
				07	Wednesday	12:35 PM	3:15 PM
CSS Sem 1	PSYC1110	Introduction to Psychology		01	Tuesday	11:40 AM	2:20 PM
				02	Wednesday	6:05 PM	8:45 PM
				03	Monday	10:45 AM	1:25 PM
CSS Sem 3	CSS 2080	Mental Health & Addictions		01	Thursday	9:50 AM	12:30 PM
CSS Sem 3	SCMA2040	Research Methods for Social Science		0707	Wednesday	1:30 PM	3:15 PM
					Wednesday	3:20 PM	4:10 PM

CSS Sem 5	CSS 3030	Spirituality & Religion in Professional Practice		01	Friday	12:35 PM	3:15 PM
CSS Sem 5	CSS 3100	Aging, Health, and Well-Being		01	Friday	8:55 AM	11:35 AM
CSS Sem 5	SCMA3040	Quantitative Methods for Social Science		0101	Monday	3:20 PM	5:05 PM
					Tuesday	2:25 PM	3:15 PM
				0202	Monday	5:10 PM	6:55 PM
					Tuesday	3:20 PM	4:10 PM
				0303	Wednesday	1:30 PM	3:15 PM
					Thursday	12:35 PM	1:25 PM
				0404	Wednesday	3:20 PM	5:05 PM
					Thursday	1:30 PM	2:20 PM
				0505	Friday	10:45 AM	12:30 PM
					Monday	2:25 PM	3:15 PM
				DE01	<b>Distance</b>		
				DE02	<b>Distance</b>		
				DE03	<b>Distance</b>		
				DE04	<b>Distance</b>		
				DE05	<b>Distance</b>		
CSS Sem 5	CSS 3120	Intermediate Practicum I		0101	Tuesday	8:55 AM	10:40 AM
					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
				0202	Tuesday	10:45 AM	12:30 PM
					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
<b>*IF YOU ARE IN 4TH YEAR AND FOLLOWING THE 2025-2026 FULL-TIME TRANSFER PROGRAM PLAN CSS*4000, FAMILY THEORY AND THERAPY IS A REQUIRED</b>							
CSS Sem 7	CSS 4010	Agency Admin & Community Relations		01	Tuesday	10:45 AM	1:25 PM
CSS Sem 7	CSS 4030	Law and Legislation in Professional		01	Tuesday	8:00 AM	10:40 AM
CSS Sem 7	CSS 4120	Advanced Practicum		0101	Monday	9:50 AM	11:35 AM

					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
				0202	Monday	11:40 AM	1:25 PM
					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
<b>*CHOOSE ONE OF THE RESTRICTED ELECTIVE COURSES BELOW OR AN ELECTIVE AS YOUR FOURTH COURSE:</b>							
CSS Sem 7	PSYC1020	Indigenous Mental Health: A Global		03	Thursday	8:00 AM	10:40 AM
CSS Sem 7	CSS 4000	Family Theory & Therapy		01	Friday	1:30 PM	4:10 PM
CSS Sem 7	CSS 4200	Honours Thesis Preparation		01	Monday	1:30 PM	3:15 PM
	<b>OR</b>						
	<b>*ELECTIVE</b>						
<b>*BLOCK TRANSFER CSS STUDENTS (ON CAMPUS) following the 2025-2026 PROGRAM PLAN:</b>							
CSS Sem 7	CSS 3100	Aging, Health, and Well-Being		01	Friday	8:55 AM	11:35 AM
CSS Sem 7	SCMA3040	Quantitative Methods for Social Science		0101	Monday	3:20 PM	5:05 PM
					Tuesday	2:25 PM	3:15 PM
				0202	Monday	5:10 PM	6:55 PM
					Tuesday	3:20 PM	4:10 PM
				0303	Wednesday	1:30 PM	3:15 PM
					Thursday	12:35 PM	1:25 PM
				0404	Wednesday	3:20 PM	5:05 PM
					Thursday	1:30 PM	2:20 PM
				0505	Friday	10:45 AM	12:30 PM
					Monday	2:25 PM	3:15 PM
				DE01	<b>Distance</b>		
				DE02	<b>Distance</b>		
CSS Sem 7	CSS 4000	*Family Theory & Therapy		01	Friday	1:30 PM	4:10 PM

CSS Sem 7	CSS 4010	Agency Admin & Community Relations		01	Tuesday	10:45 AM	1:25 PM
CSS Sem 7	CSS 4030	Law and Legislation in Professional		01	Tuesday	8:00 AM	10:40 AM

**\*\*Program Head consent required. Students approved for CSS\*4200 will be manually registered in this course by their Academic Advisor.**  
**\*Important note: students starting their program of studies prior to Fall 2022 must take CSS\*4000, Family Theory & Therapy.**  
**If unsure, please check with your Academic Advisor before registering for your courses.**