

FALL 2026 SOCIAL SERVICES & WELL-BEING STUDIES

Semester	Course Code	Course Name	Course Synonym	Section	Lecture Day	Lecture Start Time	Lecture End Time
CSS Sem 1	CSS 1050	The Social Determinants Of Health	9661	01	Wednesday	9:50 AM	12:30 PM
CSS Sem 1	CSS1060	Mental Health, Well-being, and Resiliency	9663	01	Friday	9:50 AM	12:30 PM
CSS Sem 1	CSS1210	Writing and Communication Skills	9664	01	Thursday	9:50 AM	12:30 PM
CSS Sem 1	AHSS1130	Principles of Sociology	9529	01	Thursday	6:05 PM	8:45 PM
			9530	02	Thursday	1:30 PM	4:10 PM
			9531	03	Thursday	10:45 AM	1:25 PM
			9532	04	Tuesday	8:00 AM	10:40 AM
			9533	05	Tuesday	11:40 AM	2:20 PM
			9534	06	Wednesday	8:55 AM	11:35 AM
			9534	07	Wednesday	12:35 PM	3:15 PM
CSS Sem 1	PSYC1110	Introduction to Psychology	9868	01	Tuesday	11:40 AM	2:20 PM
			9869	02	Wednesday	6:05 PM	8:45 PM
			9870	03	Monday	10:45 AM	1:25 PM
CSS Sem 3	CSS 2080	Mental Health & Addictions	9665	01	Thursday	9:50 AM	12:30 PM
CSS Sem 3	SCMA2040	Research Methods for Social Science	9916	0707	Wednesday	1:30 PM	3:15 PM
					Wednesday	3:20 PM	4:10 PM

CSS Sem 5	CSS 3030	Spirituality & Religion in Professional Practice	9667	01	Friday	12:35 PM	3:15 PM
CSS Sem 5	CSS 3100	Aging, Health, and Well-Being	9669	01	Friday	8:55 AM	11:35 AM
CSS Sem 5	SCMA3040	Quantitative Methods for Social Science	9931	0101	Monday	3:20 PM	5:05 PM
					Tuesday	2:25 PM	3:15 PM
			9932	0202	Monday	5:10 PM	6:55 PM
					Tuesday	3:20 PM	4:10 PM
			9933	0303	Wednesday	1:30 PM	3:15 PM
					Thursday	12:35 PM	1:25 PM
			9934	0404	Wednesday	3:20 PM	5:05 PM
					Thursday	1:30 PM	2:20 PM
			9935	0505	Friday	10:45 AM	12:30 PM
					Monday	2:25 PM	3:15 PM
			9936	DE01	Distance		
			9937	DE02	Distance		
			9938	DE03	Distance		
			9939	DE04	Distance		
			9940	DE05	Distance		
CSS Sem 5	CSS 3120	Intermediate Practicum I	9670	0101	Tuesday	8:55 AM	10:40 AM
					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
			9671	0202	Tuesday	10:45 AM	12:30 PM
					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
*IF YOU ARE IN 4TH YEAR AND FOLLOWING THE 2025-2026 FULL-TIME TRANSFER PROGRAM PLAN CSS*4000, FAMILY THEORY AND THERAPY IS A REQUIRED							
CSS Sem 7	CSS 4010	Agency Admin & Community Relations	9673	01	Tuesday	10:45 AM	1:25 PM
CSS Sem 7	CSS 4030	Law and Legislation in Professional	9675	01	Tuesday	8:00 AM	10:40 AM
CSS Sem 7	CSS 4120	Advanced Practicum	9677	0101	Monday	9:50 AM	11:35 AM

					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
			9678	0202	Monday	11:40 AM	1:25 PM
					Wednesday	7:30 AM	5:30 PM
					Thursday	7:30 AM	5:30 PM
*CHOOSE ONE OF THE RESTRICTED ELECTIVE COURSES BELOW OR AN ELECTIVE AS YOUR FOURTH COURSE:							
CSS Sem 7	PSYC1020	Indigenous Mental Health: A Global	9867	02	Thursday	8:00 AM	10:40 AM
CSS Sem 7	CSS 4000	Family Theory & Therapy	9672	01	Friday	1:30 PM	4:10 PM
CSS Sem 7	CSS 4200	Honours Thesis Preparation	9679	01	Monday	1:30 PM	3:15 PM
	OR						
	*ELECTIVE						
*BLOCK TRANSFER CSS STUDENTS (ON CAMPUS) following the 2025-2026 PROGRAM PLAN:							
CSS Sem 7	CSS 3100	Aging, Health, and Well-Being	9669	01	Friday	8:55 AM	11:35 AM
CSS Sem 7	SCMA3040	Quantitative Methods for Social Science	9931	0101	Monday	3:20 PM	5:05 PM
					Tuesday	2:25 PM	3:15 PM
			9932	0202	Monday	5:10 PM	6:55 PM
					Tuesday	3:20 PM	4:10 PM
			9933	0303	Wednesday	1:30 PM	3:15 PM
					Thursday	12:35 PM	1:25 PM
			9934	0404	Wednesday	3:20 PM	5:05 PM
					Thursday	1:30 PM	2:20 PM
			9935	0505	Friday	10:45 AM	12:30 PM
					Monday	2:25 PM	3:15 PM
			9936	DE01	Distance		
			9937	DE02	Distance		
CSS Sem 7	CSS 4000	*Family Theory & Therapy	9672	01	Friday	1:30 PM	4:10 PM

CSS Sem 7	CSS 4010	Agency Admin & Community Relations	9673	01	Tuesday	10:45 AM	1:25 PM
CSS Sem 7	CSS 4030	Law and Legislation in Professional	9675	01	Tuesday	8:00 AM	10:40 AM

****Program Head consent required. Students approved for CSS*4200 will be manually registered in this course by their Academic Advisor.**

***Important note: students starting their program of studies prior to Fall 2022 must take CSS*4000, Family Theory & Therapy.**

If unsure, please check with your Academic Advisor before registering for your courses.