

Psychology

program information & planning sheet

UNIVERSITY OF
GUELPH
HUMBER

Important Information 2025-2026

What courses do I need to complete in order to graduate?

You must complete 20 credits, including the following:

- **17.5 credits** / 35 Core Courses (including 1.5 specialization credits)
- **2.5 credits** / 5 General Electives

What is the Thesis Stream option?

Students can choose to complete a Thesis. This is a good option for students who wish to apply to **graduate programs** or wish to **gain experience conducting research**. In Semester 5, students would take a second statistics course (PSYC*3120 Quantification in Psychology II) in preparation for the **PSYC*4210 Thesis I** and **PSYC*4220 Thesis II**. If students opt to not take this stream, they would complete an Honours Seminar in Psychology instead (PSYC*4200). Students wishing to take Thesis I must meet the following prerequisites: 80% cumulative average, PSYC*3120 (75% min), PSYC*1110, PSYC*1120, PSYC*3130. Chair Consent is also required. The **Thesis Application Form** will be emailed from your Academic Advisor in late spring prior to 4th year.

How do I complete one of the specialization options? Is it required?

Students can choose to complete one of **three optional specializations**. Completing a specialization is **not required**, but you must take three specialization courses as outlined in the plan on the next pages. The specialization is earned upon completion of all courses required in the program. In order to complete one of the specialization, three courses need to be taken in a particular area:

| Psychology of Business | Psychological Data Analytics | Sports Psychology |
|---|--|---|
| AHSS*2310 - Leadership & Motivation | PSYC*3120 - Quantification in Psychology II | PSYC*2180 - Psychology of Exercise |
| BADM*1040 - Marketing | PSYC*3190 - Case Studies & Qualitative Methods | PSYC*3200 - Psychology of Group Dynamics |
| BADM*2030 - Advertising in Business | PSYC*3230 - Research Communication & Proposal Writing | PSYC*3530 - Health Psychology |
| PSYC*3200 - Psychology of Group Dynamics | | |
| PSYC*3610 - Organizational Psychology | | |

If students do not want to earn a specialization, the three courses can be taken from any category above. Students pursuing a specialization in one of these areas must complete an **Area of Emphasis Declaration Form** online. Specialization course options are scheduled by semester in the Program Plan below.

Can I receive more than one certificate?

No. Students can earn up to one certificate.

I am a Transfer Student. How do I know which courses I can select?

Transfer students should use this document in conjunction with their **Official Transfer Credit Assessment** to determine which courses they have been granted, and which courses they need to take. Transfer students should meet with their Academic Advisor to discuss the schedule they have developed in advance of the course selection dates.

Where can I go for more information?

Visit your Academic Advisor, **Jenni Mastroianni (A-K)** or **Ramond David (L-Z)** in GH108 during office hours. Call 416.798.1331 x6288 to speak with the front desk, or email your questions to advisors@guelphhumber.ca. You can also use our online booking system at <https://www.guelphhumber.ca/advising/advisors>.

For more support, visit the **Learning Support Peers (LSPs)** in the Learning Commons or email them at lsp@guelphhumber.ca.

Visit our **Frequently Asked Questions** webpage for more information on Course Selection and Enrollment, Degree Requirements, Academic Consideration/Accommodations, Academic Standing, and Academic Resources.



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Note: This program plan has been designed to assist you with course selection and program planning. In the case of any discrepancies between this document and the approved Schedule of Studies, the Schedule of Studies (as found in the Academic Calendar at www.guelphhumber.ca) will serve as the official record.

Semester 1 / **Fall**

| Course Code | Course Name | Prerequisites | Credit |
|-------------|--|---------------|--------|
| AHSS*1130 | Principles of Sociology | | 0.5 |
| PSYC*1020 | Indigenous Mental Health: A Global Perspective | | 0.5 |
| PSYC*1110 | Introduction to Psychology | | 0.5 |
| PSYC*1210 | Writing for Psychology | | 0.5 |
| PSYC*1250 | Critical Thinking in Psychology | | 0.5 |

Semester 2 / **Winter**

| Course Code | Course Name | Prerequisites | Credit |
|-------------|--|---------------|--------|
| AHSS*1260 | Modern & Contemporary Philosophy | | 0.5 |
| AHSS*1330 | Principles of Anthropology | | 0.5 |
| PSYC*1120 | Foundational Skills for Psychology | | 0.5 |
| PSYC*1130 | Developmental Psychology I: Childhood Development | PSYC*1110 | 0.5 |
| | General Elective | | 0.5 |

Semester 3 / Fall

| Course Code | Course Name | Prerequisites | Credit |
|-------------|---|---------------|--------|
| PSYC*2030 | Research Methods in Psychology | 3.0 credits | 0.5 |
| PSYC*2130 | Social Psychology | PSYC*1110 | 0.5 |
| PSYC*2190 | Developmental Psychology II: Adult Development & Aging | PSYC*1130 | 0.5 |
| PSYC*2200 | Cognitive Psychology | PSYC*1110 | 0.5 |
| | General Elective | | 0.5 |

Semester 4 / Winter

| Course Code | Course Name | Prerequisites | Credit |
|-------------|--------------------------------|---------------|--------|
| PSYC*2090 | Cognitive Neuroscience | PSYC*1110 | 0.5 |
| PSYC*2120 | Quantification in Psychology I | PSYC*1110 | 0.5 |
| PSYC*2150 | Personality | PSYC*1110 | 0.5 |
| PSYC*2220 | Applied Memory & Learning | PSYC*2200 | 0.5 |
| | General Elective | | 0.5 |

Semester 5 / Fall

| Course Code | Course Name | Prerequisites | Credit |
|-------------|---|----------------------|--------|
| PSYC*3130 | Psychological Measurement | PSYC*2120, PSYC*2030 | 0.5 |
| PSYC*3140 | Clinical Psychology & Mental Health | PSYC*1210, PSYC*2150 | 0.5 |
| PSYC*3540 | Ethics in Psychology | 7.5 credits | 0.5 |
| | General Elective (or take PSYC*3120 if doing Business or Sports specialization AND applying to Thesis in 4th year) | | 0.5 |

Choose One:

Select ONE (0.5 credits) Psychology Restricted Elective / Specialization Course

| | | | |
|-----------|--|-------------|-----|
| AHSS*2310 | Leadership & Motivation Business | | 0.5 |
| BADM*1040 | Marketing Business | | 0.5 |
| PSYC*3120 | Quantification in Psychology II *Thesis Stream* Data Analytics | PSYC*2120 | 0.5 |
| PSYC*2180 | Psychology of Exercise Sports | 4.0 credits | 0.5 |

*Apply for placement sites during this semester to ensure you are ready for PSYC*3180 next semester. Connect with your Psychology Placement Coordinator for assistance.

Semester 6 / Winter

| Course Code | Course Name | Prerequisites | Credit |
|-------------|---|-----------------------------------|--------|
| PSYC*3150 | Drugs & Behaviour | 10.0 credits including: PSYC*2090 | 0.5 |
| PSYC*3160 | Learning Difficulties & Disabilities | 10.0 credits including: PSYC*1130 | 0.5 |
| PSYC*3180 | Applied Study in Psychology *Placement* | 10.0 credits including: PSYC*1110 | 0.5 |
| PSYC*3590 | Psychology & Gender | 10.0 credits including: PSYC*2130 | 0.5 |

Choose One:

Select ONE (0.5 credits) Psychology Restricted Elective / Specialization Course

| | | | |
|-----------|---|----------------------------------|-----|
| BADM*2030 | Advertising in Business Business | 5.0 credits including: BADM*1040 | 0.5 |
| PSYC*3190 | Case Studies & Qualitative Methods Data Analytics | PSYC*2120 & PSYC*2030 | 0.5 |
| PSYC*3200 | Psychology of Group Dynamics Sports or Business | PSYC*2130 | 0.5 |

Semester 7 / Fall

| Course Code | Course Name | Prerequisites | Credit |
|-------------|--|--------------------------------------|--------|
| PSYC*4000 | Historical and Critical Perspectives in Psychology | 14.0 credits | 0.5 |
| PSYC*4130 | Applications of Psychology | 10.0 credits | 0.5 |
| PSYC*4170 | Theories of Psychotherapy I | 14.0 credits including: PSYC*3140 | 0.5 |
| PSYC*4340 | Cross Cultural Psychology | 10.0 credits including: PSYC*2130 | 0.5 |

Choose One:

Only select ONE (0.5 credits) of the following courses

| | | | |
|-----------|---|---|-----|
| PSYC*4210 | Thesis I *Thesis Stream* w/ Program Head Consent via Undergrad Course Request Form | 80% cumulative average, PSYC*1110, PSYC*1120, PSYC*3130 & PSYC*3120 (75% min) | 0.5 |
| | General Elective | | 0.5 |

Semester 8 / Winter

| Course Code | Course Name | Prerequisites | Credit |
|-------------|---------------------------------|---------------|--------|
| PSYC*4160 | Mediation & Conflict Resolution | 15.0 credits | 0.5 |
| PSYC*4180 | Theories of Psychotherapy II | PSYC*4170 | 0.5 |

Choose One:

Only select ONE (1.0 credits) of the following courses

| | | | |
|-----------|-------------------------------|----------------------------------|-----|
| PSYC*4200 | Honours Seminar in Psychology | 15.0 credits | 1.0 |
| PSYC*4220 | Thesis II *Thesis Stream* | 80% cumulative GPA, PSYC*4210 | 1.0 |

Choose One:

Select ONE (0.5 credits) Psychology Restricted Elective / Specialization Course

| | | | |
|-----------|---|-----------------------|-----|
| PSYC*3610 | Organizational Psychology Business | PSYC*2130 | 0.5 |
| PSYC*3230 | Research Communication & Proposal Writing Data Analytics | PSYC*2030 & PSYC*2120 | 0.5 |
| PSYC*3530 | Health Psychology Sports | PSYC*2130 | 0.5 |