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Hello my name is Nooreen Mustafa. I am currently studying at the University of Guelph-Humber

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in the Business Administrative program and I'm completing my placement with Adecco Canada.

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If you don't know Adecco is the world's second largest human resource provider

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and staffing firm. At Adecco I work as a bilingual human resource. I selected my

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placement with Adecco because I wanted to challenge my professional development and build new skills.

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My dream job was always to start as a human resource professional so I can help others with

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their careers. Before starting my placement I was nervous about meeting new people

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and working in a fast-paced environment. At first I was not too sure about the position I was given

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because I did not have as much experience as my other co-workers did. However my manager

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and my co-workers at Adecco were supportive and helped me feel at home really quickly. They guided

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me through many difficulties and helped me improve myself every day. I was able to challenge

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myself and step out my comfort zone. Now I can do more work than I used to without any mistakes.

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I am thankful to have this opportunity to work with Adecco as a placement student. I achieved my

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learning goals with lasting valuable relationship for my future career. Thanks again for this opportunity.

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Hi my name is Katrina Di Raddo and I'm a 2019 graduate of the Business program.

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During the summer between third and fourth year I completed an internship with Equitable Bank

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in the mortgage renewals department. I was drawn to Equitable Bank because of their many initiatives

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to give back to the community which closely aligned with my personal values. They also had

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an excellent summer internship program to gain first-hand experience in the financial services

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industry and while I thoroughly enjoyed my time in the mortgage space I really wanted to try out

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a position in human resources. Through the many networking opportunities that Equitable offered

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I was able to chat with the Director of HR to secure a second internship in the fall in the HR

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department. After completing that internship during my final year of school I was offered a full-time

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HR position upon graduating where I'm still working now. I'm so thankful for the internship

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opportunities Equitable provided me with. I was able to learn valuable transferable skills and

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kick off my career in my preferred field in a rapidly growing company. Thank you Equitable Bank.