Winter 2018 Plan

CAREER & PLACEMENT SERVICES CONTACTS

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GH 108

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Career Services

Career Services assists students in all academic programs and level of study, with identifying and achieving their individual career goals. We work closely with employers, community members, faculty and staff, to offer:

- Support for self-assessment, career decision making and planning using personality inventories and assessment tools
- In-class and group workshops on career readiness, job search and self-marketing
- Individual advising, strengths-based resume and cover letter critiques, mock interviews, networking coaching, portfolio development and more
- Career events including networking sessions, career fairs, guest speakers and panels
- Assistance choosing and applying to graduate and professional school programs. We also edit and consult on program applications personal statements, and letters of intent.

Let us know how we can help your students or support you in the classroom!

Ilham Alam
Career Services Coordinator
Early Childhood Studies, Family & Community Social Services
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Melissa Patrizi
Career Services Coordinator
Business & Media Studies
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Allison Scully
Career Services Coordinator
Justice Studies, Kinesiology & Psychology
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GH 112

Placement Services

Placement Services supports students and faculty in navigating field placements and internships. Students may book an individual appointment for help finding work. Field Placement Coordinators also collect, track and report on required documents to ensure that students are in approved placements that meet course requirements and provide valuable experience.

Vanessa Cubacub
Field Placement Coordinator
Justice Studies & Psychology
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Sandra Fazio
Acting Field Placement Coordinator
Early Childhood Studies
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Career Support Peers (CSPs)
Available September 2017 - April 2018
Contact: Ilham Alam
Career Support Peers are Guelph-Humber students trained to provide immediate, practical career advice to other students. CSPs can assist with resume critiques, conduct mock interviews and guide online career research. CSP’s have hours daily at the Learning Commons on a drop-in or appointment basis. Appointments can also be booked through reception in GH108.

Niveedhika Kettheeswaranathan, Business- Year 2
William Currie, Media- Year 3
Monica Cortez, FCSS- Year 4
Alicia Colosimo, FCSS- Year 2
careerws@guelphhumber.ca

CAREER SUPPORT PEER WORKSHOPS & EVENTS

NETWORKING FOR SUCCESS: MAKING CONNECTIONS THAT CAN KICK-START YOUR CAREER
January 24, 1:00 pm -2:00 pm, GH 117
Contact: Ilham Alam
Presented by: Monica Cortez
Students can prepare for winter networking fairs by attending this brief workshop. Learn the best ways to approach an employer at a fair, how to leave a great first impression, as well as how to follow-up and build professional relationships that will help in their educational and career path.

FYE WORKSHOP: WHAT CAN CAREER SERVICES DO FOR YOU?
February 13, 1:00pm-2:00pm, GH 302
Contact: Ilham Alam
Presented by: Niveedhika Kettheeswaranathan & Alicia Cortez
Our CSP’s will discuss the variety of ways that Career Services can help students beginning from their first year, throughout their time at UGH and beyond. Attendees can have their resume and cover letter reviewed on the spot or get assistance booking a follow up appointment.

DEPARTMENT EVENTS AND ACTIVITIES

*Events, dates, times and locations subject to change.

JUSTICE IN-CLASS PLACEMENT INFORMATION SESSION: COMMUNITY SERVICE II
January 8, 11:40 am, 12:35 pm, 1:30 pm, 2:25 pm, GH 225
Contact: Vanessa Cubacub
Students should attend to find out how to be successful in their Community Service placements and learn next steps for those who have outstanding documents.

JUSTICE IN-CLASS PLACEMENT INFORMATION SESSION: COMMUNITY SERVICE I
January 10, 8:00 am, 8:55 am, 9:50 am, 10:45 am, 11:40 am, 12:35 pm, GH 302
Contact: Vanessa Cubacub
Students should attend to find out how to be successful in their Community Service placements and learn next steps for those who have outstanding documents.

HIRING EVENT – NIELSEN FITNESS
January 10, 11:30 am – 3 pm, Atrium
Contact: Allison Scully
Nielsen Fitness is an in-home personal training company serving Toronto and some surrounding areas. Established in 2006, it has grown into a thriving small business with hundreds of clients and a second-to-none team of the city’s best fitness professionals. Stop by their hiring table in the atrium to learn more about opportunities with their team and the application process.
ECS FIELD PLACEMENT CLASS VISITS

**ECS1030-01**
January 15, 11:40 am, GH 319
February 26, 11:40 am, GH 319

**ECS1030-02**
January 19, 2:25 pm, GH 319
February 16, 2:25 pm, GH 319

**ECS 2040-01**
January 19, 10:45 am, GH 319
February 16, 10:45 am, GH 319

**ECS 2040-02**
January 19, 2 pm, GH 319
February 16, 2 pm, GH 319

**ECS 3060-01**
January 15, 2 pm, GH 319
February 26, 2 pm, GH 319

**ECS 3060-02**
January 15, 4:15 pm, GH 319
February 26, 4:15 pm, GH 319

Contact: Sandra Fazio

CAREER OPTIONS IN EARLY CHILDHOOD STUDIES

**January 15, 1:00 pm-3:30 pm, GH 125**
Contact: Ilham Alam

The Early Childhood Studies Degree qualifies students for more than teaching and working in childcare. Students attending this session will discover multiple career paths within child-focused fields including health care and the arts and learn about the experience and education required in these roles. An ECS alumnus will also be available to speak about their career as a RECE and answer students’ questions. This session is a must for all ECS students looking to explore their career options.

YORK UNIVERSITY FACULTY OF GRADUATE STUDIES VISIT

**January 17**
1:00pm-2:00pm- Info Session @ GH 117
2:30pm-4:00pm- Table @ Atrium
Contact: Ilham Alam

Students thinking about pursuing a Masters or another post-grad program should attend this event or stop by the atrium booth to find out about York’s wide variety of graduate programs. Recruitment and Admissions staff will be on hand to answer questions about application process. Open to all students from all programs.

JUSTICE CAREER FAIR (ABLE)

**January 18, 12:00 pm- 4:30 pm, Atrium**
Contact: Allison Scully

In partnership with the Association of Black Law Enforcers (ABLE), Guelph-Humber hosts a career fair for Justice Students and the community. Exhibitors represent police departments, government, law enforcement agencies, fire and ambulance services. This fair is among the largest of its kind in Ontario and this year will celebrate the 25th anniversary of ABLE.

CPA OFFICE HOURS AND INFORMATION SESSION

**Office Hours in the Atrium**
January 22, 10:00 am-4:00 pm
March 6, 10:00 am-4:00 pm

**Information Session**
January 22, 1:00 pm, GH 202
March 6, 1:00 pm, GH 202

Contact: Melissa Patrizi

A representative from the Chartered Professional Accountants of Ontario will be on campus to provide information about the accounting profession, and how the CPA can provide professional development and accreditation in the field. Students are encouraged to attend an information session to get information on the CPA Professional Education Program (PEP) and learn how it can help in their professional goals, and eligibility for designation.

FCSS TRANSFER STUDENT PRACTICUM INFORMATION SESSION

**January 22, 11:00 am-12:00 pm, GH 301**
Contact: Brittany Maguire

Transfer students in the FCSS program who are planning to complete either a Spring/Summer and/or Fall placement should attend this session to learn more about the application process, placement expectations and important dates and timelines for securing a placement.
ENTERPRISE HOLDINGS TABLE IN THE ATRIUM AND INFORMATION SESSION
Table in the Atrium
January 22, 12:00 pm-3:00 pm
Information Session
January 22, 3:00 pm, GH 202
Contact: Melissa Patrizi
Representatives from Enterprise Holdings will be on campus to provide information about their management trainee program. Students will hear about opportunities to enter into the trainee program, learn about Enterprise’s corporate culture, benefits and compensation and the track to managing their own Enterprise location.

MINISTRY OF COMMUNITY SAFETY AND CORRECTIONAL SERVICES INFORMATION SESSION
January 23, 11:00 am- 12:30 pm, GH 424
Contact: Allison Scully
MCSCS is now hiring for Correctional Officers. A recruiter will speak about the role and the hiring process and you students are invited to network and ask questions. Register at GH-CorrectionsON.eventbrite.ca

PSYCHOLOGY GRAD SCHOOL – TAKING THE ANXIETY OUT OF THE APPLICATION PROCESS: A STEP-BY-STEP GUIDE TO SUCCESSFULLY APPLYING TO GRAD SCHOOL
January 23, 2:30 pm- 4:15 pm, GH 324
Contact: Allison Scully
Students will learn more about applying to graduate programs in psychology. Topics will include things to consider when choosing a program, the application process and ways to fund graduate education.

PSYCHOLOGY PLACEMENT INFO SESSION
January 24, 2:30 pm- 4:00 pm, GH 426
Contact: Vanessa Cubacub
Second year students who will start their mandatory psychology placement in winter 2019 are invited to attend this information session. The Psychology Field Placement Coordinator will provide details on the placement, what constitutes an approved placement, how to find a placement, as well as paperwork and deadlines. Register at GH-PsychPlacement18.eventbrite.ca

MCMASTER MBA IN THE ATRIUM
January 25, 10:00 am- 3:00 pm
February 14, 10:00 am-3:00 pm
Contact: Melissa Patrizi
Students can drop by the table for more information on the Co-op MBA program and have their questions answered by a Recruitment and Admissions Specialist.

PALMER COLLEGE OF CHIROPRACTIC
January 25, 11:30 am- 1:00 pm, Atrium
Contact: Allison Scully
Interested in becoming a Chiropractor? A representative from the Davenport, Iowa location of Palmer College of Chiropractic will be in the atrium to answer any questions about their Doctor of Chiropractic Program, their admissions standards and their application process.

MENTAL HEALTH & JUSTICE CAREER PANEL
January 26, 2:00 pm- 4:00 pm
Contact: Allison Scully
As part of Alpha Phi Sigma’s daylong event, Career Services will host a career panel to highlight opportunities and career paths for those in the field of mental health and justice. Panelists include employees from CAMH, LOFT Community Services and more.

APPLYING TO REHAB SCIENCES
January 30, 9:00 am- 10:30 am, GH 425
Contact: Allison Scully
Students interested in applying for post-graduate study in physiotherapy, occupational therapy or chiropractic treatment should attend this session. All students are welcome to attend. Register at GH-KinGrad.eventbrite.ca

PSYCHOLOGY PLACEMENT SESSION – RESUMES & COVER LETTERS
January 31, 2:30 pm- 4:00 pm, GH 426
Contact: Allison Scully
Second year students who will take the mandatory Psychology placement in winter 2019 are invited to attend this information session. The Psychology Career Services Coordinator will provide best practices for writing your resume and cover letter, tailoring your experience to each
job posting, and how to stand out amongst your competition.
Register at GH-PsychPlacement18.eventbrite.ca

APPLYING TO MSW AND OTHER HUMAN SERVICES GRADUATE PROGRAMS
February 5, 2018, 11:00 am- 1:00 pm, GH 424
Contact: Ilham Alam
FCSS students can find out about MSW programs, eligibility criteria and application information including how to write a winning statement of interest. An FCSS alumna will speak about their career post-MSW and answer audience questions. Other Human Services graduate programs will also be discussed, as an alternative to the MSW.

MOHAWK COLLEGE MENTAL HEALTH POST-GRAD PROGRAMS BOOTH
February 5, 2018, 1:30 pm-3:30 pm, North Atrium
Contact: Ilham Alam
Students can find out about Mohawk College’s two new post-graduate certificate programs in Brain Disorders Management and Mental Health and Disability Management, the only programs of their kind in Ontario. Any student interested in pursuing a career in mental health would benefit from visiting the atrium table, particularly students from FCSS, ECS and Psychology.

APPLYING TO MEDICAL SCHOOL
February 6, 9:00 am- 10:30 am, GH 425
Contact: Allison Scully
Students considering a career in medicine will learn important information about academic requirements, the MCAT and the medical school application on the Ontario Medical School Application Service (OMSAS). All students are welcome to attend. Register at GH-KinGrad.eventbrite.ca

WHAT IS A CV AND WHY DO I CARE?
February 6, 2:30pm – 4:15pm, GH324
Contact: Allison Scully
Students interested in Psychology graduate studies will learn what a Curriculum Vitae (CV) is, when it’s required and what to include to stand out.

BUSINESS & MEDIA NETWORKING FAIR IN THE ATRIUM
February 6, 1:00 pm-4:00 pm
Contact: Melissa Patrizi
Business and Media Studies students will spend the afternoon networking with industry representatives from all areas of specialization. This event will provide the opportunity for students to develop professional networking skills and learn about internship and employment opportunities from select companies recruiting for positions.

PARTNERSHIPS FOR EMPLOYMENT (P4E)
February 7, 9:00 am- 3:00 pm, Waterloo
Contact: Natasha Curtis
University of Guelph-Humber students can hop on the bus and join Career Service staff at this day long career fair hosted by the University of Guelph, The University of Waterloo, Wilfrid Laurier University and Conestoga College. This event is the largest of its kind in the country and connects over 3000 students with over 250 employers. Admission for Guelph-Humber students and alumni is free with a student or alumni card.
**Bus provided (seat reservation in GH108)**

PSYCHOLOGY PLACEMENT SESSION – INTERVIEW SKILLS
February 7, 2:30 pm- 4:00 pm, GH 426
Contact: Allison Scully
Second year students who will start their mandatory Psychology placement in winter 2019 are invited to attend this information session. The psychology Career Services Coordinator will show attendees how to prepare, what to do in the waiting room, how to answer questions and what to do after the interview.
Register at GH-PsychPlacement18.eventbrite.ca

SUTHERLAND-CHAN SCHOOL OF MASSAGE THERAPY
February 8, 2:00 pm- 4:00 pm, GH 126
Contact: Allison Scully
Come learn about becoming a Registered Massage Therapist and see if this profession is for you! Led by a Registered Massage Therapist, this workshop
provides students with an opportunity to learn about the profession of massage therapy to help them better determine the next steps in their professional career. Register at [GH-SuthChan.eventbrite.ca](https://gh-suthchan.eventbrite.ca)

**FILM INDUSTRY CAREER WORKSHOP & TIFF BELL LIGHTBOX TOUR**  
**February 13, Time TBC**  
**TIFF Bell Lightbox, Toronto**  
**Contact: Melissa Patrizi**

Students will network with associates and learn about career paths intersecting with the film industry (i.e. Accounting & Finance, Operations, Marketing, Communications, Event Planning, etc.). They will explore TIFF’s corporate culture and operations, and get a unique behind-the-scenes tour of the TIFF Bell Lightbox and the Film Reference Library, the ultimate free resource for film-lovers, filmmakers, scholars, teachers, and film and television professionals. A proud affiliate member of the International Federation of Film Archives (FIAF), the library promotes Canadian and global film scholarship by collecting, preserving, and providing access to a comprehensive collection of film, and film-related reference resources. Approximately 25 spots are available, filled by registration.

**APPLYING TO MASTERS DEGREES IN KINESIOLOGY**  
**February 13, 9:00 am - 10:30 am, GH 425**  
**Contact: Allison Scully**

This session provides tips and advice on applying to a master’s degree program after an undergrad in kinesiology. This session is targeted for Kinesiology students. Register at [GH-KinGrad.eventbrite.ca](https://gh-kingrad.eventbrite.ca).

**CAMH VISIT**  
**February 14, 10:00 am - 3:00 pm, CAMH Queen Street Location**  
**Contact: Allison Scully**

Psychology students are invited to attend an innovative mental health awareness workshop to learn from those with lived experiences with mental health and addiction issues. Following this workshop, students will go on a tour of the Queen Street facilities. After which a human resources representative and a Psychometrist from CAMH will answer questions related to volunteering and working at CAMH. Register at [GH-CAMH18.eventbrite.ca](https://gh-camh18.eventbrite.ca)

**PORTFOLIO WORKSHOP**  
**February 14, 2:30 pm - 3:30 pm, Room TBC**  
**Contact: Melissa Patrizi**

Not just for Visual Communications students! A portfolio is a great accompaniment piece to a strong job interview and in some cases, it is essential to land the job. Business and Media Studies students are encouraged to attend this session to get tips and best practices for creating a portfolio to represent their work. Students should bring their portfolio to receive on the spot feedback from a Career Coordinator.

**MICHENER INSTITUTE INFO SESSION**  
**February 15, 2:00 pm - 4:00 pm, GH 126**  
**Contact: Allison Scully**

A representative from Michener Institute will be speaking about their various programs and application process. Programs that Kinesiology students are eligible for include Ultrasound, Diagnostic Cytology, Chiroprody and more. Register at [GH-Michener18.eventbrite.ca](https://gh-michener18.eventbrite.ca)

**MBTI WORKSHOP FOR ALUMNI**  
**February 21, 2018, 6pm – 9pm, TBD**  
**Contact: Allison Scully & Melissa Patrizi**

Career & Placement Services will be hosting a workshop on Myers-Briggs Type Indicator (MBTI) to help alumni understand how their personality type fits into different career choices and work environments. Register at [https://gh-alumni-mbti18.eventbrite.ca](https://gh-alumni-mbti18.eventbrite.ca)

**EARLY CHILDHOOD STUDIES NETWORKING EVENT**  
**February 26, 11:00 am - 1:30 pm, North Atrium**  
**Contact: Ilham Alam**

ECS students from all years are invited to attend the ECS Networking Event, now in its second year. Students will meet representatives from a variety of child related agencies and organizations in order to gather information on jobs, placements and volunteering. A list of participating partners
will be available to students before the event to help them prepare.

**SUNLIFE FINANCIAL INFORMATION SESSION**  
**March 1 OR March 8, Time and Date TBC**  
**GH202**  
**Contact: Melissa Patrizi**  
Representatives from Sunlife Financial – Toronto North will share information on how students can develop a successful career in financial planning.

**FCSS NETWORKING EVENT**  
**March 5, 11:00 am-1:30 pm, North Atrium**  
**Contact: Ilham Alam**  
FCSS students from all years are invited to attend the FCSS Networking Event to network with industry professionals and find out about opportunities in a variety of agencies for field placement, summer, full-time and part-time jobs and volunteer positions. A profile of all the agencies attending will be available prior to the event to assist students with preparing to network. Students will leave this event with a better idea of the agencies that are in the GTA and how to connect with placement and career opportunities.

**ENTREPRENEURSHIP INFORMATION SESSION WITH LAB B**  
**March 5, 3:30 pm-4:30 pm, GH 202**  
**Contact: Melissa Patrizi**  
Representatives from Brampton-based start-up incubator, LAB B, will host this informative session for budding entrepreneurs. Discuss the facets to opening your own business, the resources required, and hear from experts on what it takes to be successful running your own business. This session is targeted to students from all programs who may one day own their own business, consulting firm, private practice, studio, or production house.

**PSYCHOLOGY GRAD SCHOOL – ACING THE GRE: TIPS & TRICKS FROM PRINCETON REVIEW**  
**March 6, 11:00 am- 2:00 pm: Atrium**  
**2:30 pm- 4:15 pm: GH324**  
**Contact: Allison Scully**  
A guest speaker from Princeton Review will provide psychology students with helpful strategies when writing the graduate record examination (GRE). Register at [GH-GRE.eventbrite.ca](https://www.eventbrite.ca)

**PLACEMENT INFORMATION SESSION FOR TRANSFER STUDENTS:**  
**March 6, 1:45 pm- 2:15 pm, GH 101**  
**Contact: Sandra Fazio**

**SDI MARKETING – RECRUITMENT IN THE ATRIUM AND ON-CAMPUS INTERVIEWS**  
**March 7, 1:00 pm-4:00 pm**  
**March 13, 1:00 pm-4:00 pm**  
**Contact: Melissa Patrizi**  
Representatives from SDI Marketing will be on campus to recruit students for summer and new grad opportunities.

**ETIQUETTE WORKSHOP**  
**March, Time and Date TBC**  
**Contact: Allison Scully**  
Students from all programs will learn from etiquette experts how to act at networking events, how to eat at a formal dinner, and how to confidently communicate when networking.

**SHERWIN WILLIAMS TABLE IN THE ATRIUM AND INFORMATION SESSION**  
**Table in the Atrium**  
**March 15, 11:00 am-2:00 pm**  
**Information Session**  
**March 15, 2:30 pm, GH 202**  
**Contact: Melissa Patrizi**  
Representatives from Sherwin Williams will be on campus to provide information about their Management/Sales trainee programs. Students will hear about opportunities to enter in to the trainee program, learn about corporate culture at Sherwin Williams, the benefits and compensation, and review sample career tracks in the organization.

**YORK REGIONAL POLICE CAREER EXPO 2018**  
**March 20, 12:00 pm – 8:30 pm, Humber Gym**  
**Contact: Allison Scully**  
University of Guelph-Humber students and alumni interested in becoming a police officer are
invited to attend this unique recruitment event. Participants will complete the PREP test and can ask questions to a team of recruiters. In addition, those who are graduating or have graduated are welcome to start their application process and, if successful, will be invited to complete the pre-background questionnaire (PBQ) at the end of April. Register at https://gh-yrp18.eventbrite.ca

STANDING OVATION: FIELD PARTNER APPRECIATION EVENT

April 26, 9:00 am - 11:00 am, Atrium
Contact: Melissa Patrizi
This event celebrates the partnerships that make our programs a success. Partners who have supported Guelph-Humber students through field placement will enjoy a networking event including breakfast, speakers, awards and campus tours.

THE SEMESTER IS OVER BUT WE’RE STILL HERE ALL SUMMER!

May- August 2018
Our support doesn’t end when classes are over. Career & Placement Services is open all summer and ready to help students with job search or further education planning.