00:00:04,080 --> 00:00:09,200

Hi my name is Trisha Mananquil and I'm a second year student in the Community Social Services

00:00:09,200 --> 00:00:14,320

program and I'm completing my placement with the Vision of Hope Resource Centre. I selected a

00:00:14,320 --> 00:00:19,040

placement with the Vision of Hope Resource Centre because it was an opportunity to work with a new

00:00:19,040 --> 00:00:24,720

population. Before I started my placement I was aiming to work with children however after looking

00:00:24,720 --> 00:00:29,840

at what Vision of Hope had to offer I wanted to challenge my capabilities and build new skills.

00:00:30.400 --> 00:00:35.120

I worked in the senior program at the Resource Centre on Zoom where I was able to lead multiple

00:00:35,120 --> 00:00:40,400

activities to promote mental health. My most unique experience with the seniors was leading a

00:00:40,400 --> 00:00:46,640

Zumba class which was extremely fun. I got to lead different types of dances for 20 minutes straight

00:00:46,640 --> 00:00:51,840

while the seniors follow along with me. It was a nerve-wracking one planning the Zumba class

00:00:51,840 --> 00:00:57,520

however all thanks to the seniors and my placement supervisor they made the experience far greater

00:00:57,520 --> 00:01:03,120

than I ever expected. So with that being said I'm thankful to have this opportunity to work with

00:01:03,120 --> 00:01:08,880

the Vision of Hope Resource Centre as a placement student. I was able to achieve my learning goals

00:01:08,880 --> 00:01:15,544

and make valuable everlasting relationships for my future career. Thank you again for the opportunity.

00:01:15,544 --> 00:01:21,280

Hi everyone my name is Jennifer Grabowski and I am a second year student in the Community and

00:01:21,280 --> 00:01:28,720

Social Services program. I decided to do my first placement at Simcoe Manor long-term care home. I

00:01:28,720 --> 00:01:33,520

chose Simcoe because I felt as though it would be a great place for me to apply what I'm learning to

00:01:33,520 --> 00:01:41,760

a population of my interests and really get a feel for what social work is like with elderly adults. I

00:01:41,760 --> 00:01:48,080

had a great time at Simcoe working with my supervisor being able to manage an independent

00:01:48.080 --> 00:01:54.240

caseload of two residents who I would see each week when I came in. These independent referrals

00:01:54,240 --> 00:02:00,240

really helped me work on setting professional boundaries working on my effective communication

00:02:00.240 --> 00:02:07.040

with those who are cognitively impaired and attentive listening. I'm beyond thankful

00:02:07,040 --> 00:02:13,760

for my opportunity as a placement student at Simcoe and being able to take my knowledge

00:02:13,760 --> 00:02:21,366

and my experience and stylize it in a way that makes me my most confident and comfortable self.