

Psychology

Honours Bachelor of Applied Science
Diploma in General Arts and Science

Optional certificate in Intercultural Relations, Organizational Behaviour or
Research Skills and Analysis

Admission

- >ENG4U and five additional 4U/M courses
- >Estimated minimum range for admission: 75%-80%

Focused Academic Program

A solid foundation in psychology will drive student success. Our program examines theories and research exploring human thought, feeling and behaviour.

The first two years introduce key concepts and provide foundational courses. Students also build skills in critical thinking and effective writing.

In addition to earning an honours degree and diploma, a student has the option to pursue one of three certificates in years three and four as part of their regular course load. Options are:

- >**Intercultural Relations:** The focus is on increasing cultural literacy and understanding of diversity in Canada.
- >**Organizational Behaviour:** Develop a greater understanding of leadership, groups and behaviour in organizations.
- >**Research Skills and Analysis:** Expand on research methods in psychology and refine investigative and analytical abilities.

In years three and four, students' courses will become more focused and offer more applied study. They apply learned concepts through courses such as Learning Difficulties and Disabilities; Drugs and Behaviour; and Theories of Psychotherapy. In the final year, students will choose between an honours seminar and thesis.

In the thesis course, individual students conduct an approved study in the proposed setting, analyze the data collected, report on the research in a formal presentation and write a thesis paper, under the supervision of a faculty member.

Sample Courses

>Social Psychology

An introduction to the content and methodology of social psychology. Content includes social perception, attraction, conflict, conformity, aggression, group dynamics and attitude change. Methods include surveys and correlation analysis, which are the most common methods of investigation. Examples of important social psychological experiments will be discussed.

>Personality

This course reviews the major personality theories, research findings, comparisons and criticism of each. Details of the theories and impact will be briefly reviewed. The status and future of personality research methodology will also be examined.

>Theories of Psychotherapy

Examine the philosophy and theory of providing psychotherapy services to clients. Focusing on theory, students learn a number of therapeutic frameworks and their application in the field. A critical examination of their key concepts, assumptions, therapeutic goals, and techniques is included as are factors common to all.

Industry Connections: 100 Hours

In the third-year course Applied Study in Psychology, students integrate psychological theory and research with at least 100 hours of workplace experience. Placements have included Peel Halton Dufferin Acquired Brain Injury Services, Kids Help Phone, Psychology Foundation of Canada, Credit Valley Hospital, The Etobicoke Children's Centre, Ontario Correctional Institute and Community Living Mississauga.

Note: Students may be required to complete a Vulnerable Sector Screening and/or Criminal Reference Check prior to placement.

Research Experience

Students can apply for a paid research assistant position for additional hands-on experience. Students have assisted our faculty in studies such as examining coping strategies in marathon runners, exploring new treatment approaches that address anxiety in children, and cross-cultural psychology research.

Outside the Classroom

An optional field study course to the James Bay region, gives students a unique opportunity to study from community members, Elders and local mental health care service providers working among Indigenous communities in northern Ontario. Students examine challenges and treatments, and explore the future of mental health in these communities and across Canada.

International Hands-on Experience

Study abroad (10 to 12 days)

In the International Field Study course, students are part of a small group on professor-guided study tours where concepts discussed in class are put into context. And because all study abroad courses are partially subsidized by the University, the opportunities are within reach.

This year, the psychology-themed study abroad is targeting Ecuador and the Galápagos Islands. Students will explore the nature versus nurture debate by visiting Quito and Otavalo where influences from Indigenous, Spanish colonial, and other, cultures have variably affected day-to-day life (e.g., architecture, activities, religious practices, cuisine). Students will retrace Charles Darwin's footsteps as they visit San Cristobal to observe the principles of evolutionary theory that have contributed to the diverse wildlife on the island.

Although trips are themed according to a specific program, students may apply for any study abroad of interest.

Transfer Pathways

College-to-University

Students who choose to attend college have the potential to continue their postsecondary studies at university.

Block credit transfer pathway

Students can complete a two-year diploma in General Arts and Science from a recognized institution and receive a predetermined block of transfer credit (up to a maximum of 5 credits) that will be applied towards completion of the Psychology program, earning them an honours degree and a diploma at the University. Students can finish their studies in approximately three years. Applicants require a minimum cumulative average of 75%.

General college transfer pathway

Students who are not eligible for the college block credit transfer pathway but have a recognized college diploma or coursework may apply and are eligible to receive transfer credit (up to a maximum of 10 credits) towards an honours degree and a diploma. A minimum 75% cumulative admission average is required for consideration. Time for program completion will range based on transfer credit received.

University-to-University

Students who complete courses at another university may apply and are eligible to receive transfer credit (up to a maximum of 10 credits) towards an honours degree and diploma. A minimum 70% cumulative admission average is required for consideration. Time for program completion will range based on transfer credit received.

Need more information? Contact us.

Jordan Bates, Liaison Outreach Coordinator
416.798.1331 ext. 6309
liaison@guelphhumber.ca