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Hello my name is Jiya. I just completed my third year of the Kinesiology program and I completed

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my field placement with BioPed. I sought out this placement with BioPed because I have a very

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math oriented brain and like hands-on work. At BioPed Podiatrists conduct biomechanical analyses

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create custom orthotics by hand fit patients for shoes compression socks braces and even do shoe

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modifications. I felt like my strengths strongly correlated with this career and just wanted to try

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it out and see what happened. Before placement even though I had relevant experience in the industry

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I always felt I was lacking in real skills that I could apply in practice. At BioPed with the help

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of Andrew and Sam I was able to learn so much about anatomy and biomechanics client relations

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and I even got to step out of my comfort zone and make my own orthotics. It was such a unique and

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valuable experience that I never would have gotten without the help of the team at Guelph-Humber

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and Andrew and Sam at BioPed. I appreciate getting the opportunity to learn new skills

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apply the knowledge that I have from class gain new perspectives and make lasting relationships

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with really amazing people. Thank you to the team at Guelph-Humber Andrew and Sam. Placement was an experience I'll never forget.

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Hello my name is Sophie I am a proud graduate from

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the Kinesiology program. In my fourth year I had the opportunity to complete my placements at the

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Ontario Kinesiology Association as their research assistant now my interest in this position stemmed

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from a past placement opportunity at Princess Margaret Hospital where I was involved with

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providing exercise programs to cancer survivors ultimately helping them reintegrate themselves

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back into society after receiving cancer treatment. Now throughout my patient interactions I reached

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a point where I asked myself is it possible if I can help with the communication of these

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evidence-based practices to other Kinesiologists and ultimately help improve the quality and

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consistency of care that's provided to cancer survivors as well as cancer patients at large.

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Now through my work with the Ontario Kinesiology Association that placement opportunity certainly

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allowed me to explore my interests a bit further where I was provided the opportunity to lead

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the development of knowledge translation resources specific to cancer and cardiovascular diseases.

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These resources allowed me to improve my scientific literacy as well as

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improve my communication skills but from that experience I was then promoted

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to the position as a project coordinator. Collectively my placement experience also gave me

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an insight into public health where I'm currently considering to pursue a master's in public health

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and medical school with hopes to communicate evidence-based practices to target preventable

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diseases in a public and community setting. So thank you very much for your support and for

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offering these wonderful placement opportunities to students as they are incredibly invaluable.