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**Humber (H) & Guelph-Humber (GH) - INTERNAL REFERRAL LIST**

**For Emergency Situations: call Department of Public Safety** – ***ext. 4000 and 4077 (GH only)***

If an individual is threatening:

* harm to him or herself
* harm to others
* harm to campus property

***(For Non-Emergency Situations call ext. 8500 (H & GH))***

**Areas of Concern and On-Campus Resources**

**Academic difficulties** – Peer Assisted Learning Support, Writing Centre, Math Centre, Accounting Centre, Counselling Services, Accessible Learning Services (if student has a disability)

**Career and program uncertainty –** Academic and Career Success Centre (H), Career Services (GH)

**Code of Conduct/Incivility –** Office ofStudent Conduct (H), Student Life (GH)

**Depression and anxiety** – Counselling Services, Health Services, Aboriginal Resource Centre, Accessible Learning Services (for accommodations), International Student Services

**Eating disorders –** Counselling Services, Health Services

**Financial concerns –** Financial Aid (H), Student Financial Services (GH), IGNITE, Aboriginal Resource Centre, International Student Services, Counselling Services

**First generation students, first year students –** Student Life Programs (H), Student Life (GH), Aboriginal Resource Centre, International Student Services

**General counselling –** Counselling Services, Aboriginal Resource Centre, Multi-Faith Chaplaincy Service (spiritual guidance)

**Harassment and discrimination –** Aboriginal Resource Centre, Accessible Learning Services (disability related concerns), Centre for Human Rights, Equity and Diversity, Counselling Services, Health Services, Student Life (GH)

**Psychosis** –Counselling Services, Health Services, Accessible Learning Services (for accommodations)

**Sexual assault/trauma & Sexual Violence –** Health Services, Counselling Services, Sexual Assault & Sexual Violence Support (http://www.humber.ca/student-life/sexual-assault), Student Life (GH)

**Spiritual Support –** Aboriginal Resource Centre, Multi-Faith Chaplaincy Service

**Substance problems/abuse** – Health Services, Counselling Services, Accessible Learning Services (for accommodations), Aboriginal Resource Centre

**On-Campus Resources**

**Aboriginal Resource Centre**:

North Campus, LRC 2nd Floor, ext. 5424

Lakeshore Campus, WEL301, ext. 3299

Elder: Shelley Charles

**Academic Advising (U of GH):**

GH 108, ext. 6288

**Academic and Career Success Centre (H):**

North Campus, LRC 1st Floor, ext. 5030

Lakeshore Campus, WEL105, ext. 5028

**Accessible Learning Services**:

North Campus, LRC 2nd Floor (SWAC), ext. 5090

Lakeshore Campus, WEL202, ext. 3331

Orangeville Campus, Room O208, ext. 5092

**Career Services (U of GH):**

GH 108, ext. 6288

**Centre for Human Rights, Equity and Diversity**:

North Campus, LRC5128, ext. 4425

**Counselling Services**:

North Campus, LRC 2nd Floor (SWAC), ext. 5090

Lakeshore Campus, WEL202, ext. 3331

Orangeville Campus, Room O208, ext. 5092

**Financial Aid (H)**:

North Campus, LRC 1st Floor, ext. 4245

Lakeshore Campus, WEL106, ext. 3235

**Health Services**:

North Campus, LRC 2nd Floor (SWAC), ext. 4533

Lakeshore Campus, WEL202, ext. 3234

**IGNITE**

North Campus, Room KX202, ext. 5051

Lakeshore Campus, Room K204, ext. 3382

**International Student Services**:

North Campus, LRC 2nd Floor, ext. 5067

Lakeshore Campus, Room H100, ext. 3178

**Multi-Faith Chaplaincy Services:**

North Campus Prayer Room: LRC2111, ext. 4427

Lakeshore Campus Prayer Room: HB102 & A168

**Office of Student Conduct**:

North Campus, LRC 2nd Floor, ext. 5546

Lakeshore Campus, WEL204, ext. 3633

**Peer Assisted Learning Support (PALS):**

*(Peer Tutoring, Learning Skills Workshops)*

North Campus, LRC 3rd Floor, ext. 5983

Lakeshore Campus, WEL105 ext. 5028

**Student Financial Services (U of GH):**

GH 112, ext. 6256

**Student Life Programs (H):**

*(Peer Mentoring/First Year Experience)*

North Campus, LRC 2nd Floor, ext. 5226

Lakeshore Campus, WEL201, ext. 3644

**Student Life (U of GH):**

GH 108, ext. 6288