

Video Transcript

Psychology at #UofGH (2:36mins)

Psychology at #UofGH 2021

Time In	Time Out	Audio	Visual
00:00:00:00	00:00:03:00		Opening title, A picture of three student smiling walking on a path a graphic of two triangles in the top and bottom left of the screen reads University of Guelph-Humber, Toronto Ontario.
00:00:00:16F4	00:00:01:16	The human mind.	
00:00:01:21	00:00:03:01	Fascinating, isn't it?	
00:00:03:00	00:00:09:05		The screen transitions from a glowing brain inside a human head to a solitary brain with neural pathways lighting up all around.
00:00:03:05	00:00:04:20	The most powerful tool on the	
00:00:04:21	00:00:06:15	planet. We use it all day,	
00:00:06:20	00:00:08:19	every day from the decisions we	
00:00:08:20	00:00:11:02	make to the way we think, feel	
00:00:09:05	00:00:15:12		An instructor is lecturing on the human brain as students take notes.
00:00:11:05	00:00:12:05	and behave.	
00:00:12:06	00:00:13:19	If you were looking to learn the	
00:00:13:20	00:00:15:19	depth and breadth of psychology	
00:00:15:12	00:00:19:18		Speaker is looking straight into camera with the Guelph-Humber study cubicles in the background.
00:00:15:20	00:00:17:02	in four years of study, our	
00:00:17:10	00:00:19:06	Psychology program offers you	
00:00:19:07	00:00:21:04	more with three credentials.	
00:00:19:18	00:00:38:17		An info graphic lists the benefits of the Guelph-Humber Psychology program.

00:00:21:08	00:00:23:04	Get a degree, diploma and	
00:00:23:05	00:00:24:18	an optional certificate in	

00:00:24:20	00:00:26:02	intercultural relations,	
00:00:26:11	00:00:27:24	organizational behavior	
00:00:28:06	00:00:30:07	or research skills and analysis	
00:00:30:08	00:00:32:07	to take you even further.	
00:00:32:14	00:00:34:07	Focus on more psychology-related	
00:00:34:08	00:00:36:04	topics taking courses like	
00:00:36:07	00:00:37:16	Indigenous Mental Health,	
00:00:38:00	00:00:39:13	Developmental Psychology,	
00:00:38:17	00:00:44:09		Psychology students discussing Indigenous mental health at a lodge.
00:00:39:23	00:00:41:11	Adult Development and Aging,	
00:00:41:20	00:00:42:20	Learning Difficulties and	
00:00:42:21	00:00:45:01	Disabilities and Neuroscience.	
00:00:44:09	00:00:51:29		Psychology students discuss the complexities of the brain's neural networks as they examine a model of the brain.
00:00:45:09	00:00:46:24	Get ready for hands-on experience	
00:00:47:07	00:00:48:20	with one hundred hours of job	
00:00:48:21	00:00:50:13	shadowing professionals in the	
00:00:50:14	00:00:52:11	disciplines of psychology and mental	
00:00:51:29	00:00:59:11		Psychology students taking notes.
00:00:52:12	00:00:52:24	health.	
00:00:53:00	00:00:54:11	Our students have worked for the	
00:00:54:13	00:00:56:04	Alzheimer Society of Toronto,	
00:00:56:07	00:00:57:16	Baycrest Health Sciences and	

00:00:58:03	00:00:59:19	the Psychology Foundation of Canada.	
00:00:59:11	00:01:05:09		The woman continues to talk to the camera.
00:00:59:23	00:01:02:03	Among other exciting placements,	
00:01:02:10	00:01:04:17	expand your mind by learning outside	
00:01:04:18	00:01:05:14	of the classroom.	
00:01:05:09	00:01:08:06		Boats drive across the water.

00:01:05:15	00:01:07:11	Our optional field study courses	
00:01:07:12	00:01:09:07	take you to northern Ontario	
00:01:08:07	00:01:16:20		Psychology students walk around northern Ontario learning and speaking with community leaders.
00:01:09:12	00:01:11:06	to discover Indigenous practices and	
00:01:11:10	00:01:12:16	approaches to mental health.	
00:01:12:22	00:01:14:08	You'll meet Elders, community	
00:01:14:09	00:01:15:24	members and mental healthcare	
00:01:15:25	00:01:16:24	providers.	
00:01:16:20	00:01:21:05		Meeting with indigenous people at a round table.
00:01:17:00	00:01:18:06	Truly a once in a lifetime	
00:01:18:20	00:01:19:20	experience.	
00:01:19:23	00:01:21:15	Be a Research Assistant to a number	
00:01:21:17	00:01:23:07	of faculty to gain hands-on	
00:01:22:27	00:01:34:08		Students take notes on experiments under supervision of Instructor.
00:01:23:08	00:01:24:19	experience with research	
00:01:24:20	00:01:26:20	methodology, ethics, data	
00:01:26:21	00:01:27:25	collection, analysis and	
00:01:28:18	00:01:30:10	presentation of results.	

00:01:30:19	00:01:32:11	There are so many different paths	
00:01:32:12	00:01:34:04	you can take after you graduate.	
00:01:34:08	00:01:41:18		The screen returns to the woman.
00:01:34:09	00:01:35:23	You can pursue graduate studies,	
00:01:35:24	00:01:37:13	including master's programs in the	
00:01:37:14	00:01:39:01	disciplines of psychology,	
00:01:39:03	00:01:40:23	neuroscience and medicine,	
00:01:41:00	00:01:42:01	among many others.	
00:01:41:18	00:01:59:10		Info graphic of possible careers and further education.
00:01:42:02	00:01:43:17	Or jump right into the workplace.	
00:01:43:18	00:01:44:20	By working in the mental health	
00:01:44:21	00:01:46:16	field as an Addictions Counselor,	
00:01:46:17	00:01:48:16	Case Manager, Group Facilitator,	
00:01:48:19	00:01:50:21	or in the field as a Researcher,	
00:01:50:23	00:01:53:01	Data Analyst or Human Resource	
00:01:53:02	00:01:53:23	specialist.	
00:01:53:24	00:01:56:01	Oh, the places you can go.	
00:01:56:24	00:01:58:08	When I finish at Guelph-Humber, I	
00:01:58:09	00:02:00:03	hope to eventually become a clinical	
00:01:59:10	00:02:29:10		Video montage of a Guelph-Humber student giving presentations and speaking straight to camera sitting in an armchair. Intercut with videos from the Psychology program.
00:02:00:10	00:02:01:10	psychologist.	
00:02:01:13	00:02:03:05	Guelph-Humber is really helping me	
00:02:03:06	00:02:05:12	to get to that goal because	
00:02:05:18	00:02:07:11	a wide variety of courses that I've	

00:02:07:17	00:02:09:12	taken that cover pretty much	
00:02:09:13	00:02:11:07	every aspect of the field.	
00:02:11:11	00:02:12:19	The placement, which has given me	
00:02:12:20	00:02:14:02	Hands-on experience, on the	
00:02:14:16	00:02:16:02	connections that I've made.	
00:02:16:03	00:02:17:10	And as much as I'm excited	
00:02:17:24	00:02:20:03	to move on to new things.	
00:02:20:05	00:02:21:13	I will always miss the time	
00:02:22:06	00:02:23:06	that I had here.	
00:02:23:12	00:02:24:11	It was a great time.	
00:02:29:10	00:02:36:19		Outro Graphic: University of Guelph Humber, Toronto Ontario.

Please let us know if you would like additional information.
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