

First and Last Name
 City and Province/Phone Number
 Email address and LinkedIn account link (if applicable)

Education

University of Guelph-Humber **Expected Completion Month/Year**

Toronto, Ontario

University of Guelph

Honours Bachelor of Applied Science in (name of program)

Humber Institute of Technology and Advanced Learning

General Arts and Science Diploma, with an area of emphasis in Human Services

- **Honours Thesis:** Aboriginal Community Mental Health in James Bay: Factors That Contribute to Positive Mental Health Outcomes in a Cree community in northern Ontario
- **Honours Thesis Supervisor:** Dr. David Danto, University of Guelph-Humber
- **Relevant Courses Completed:** Developmental Psychology, Personality, Neuroscience, Research Methods, Statistics, Counselling I & II, Drugs and Behaviour, Abnormal Psychology, Applications of Psychology

ACADEMIC AWARDS AND SCHOLARSHIPS **Month/Year**

Student Leadership Scholarship, University of Guelph-Humber Month/Year

Academic Merit Scholarship, University of Guelph-Humber Month/Year

- Awarded two consecutive years for attaining a minimum GPA of 80%

Michael Nightingale Community Enrichment Award, University of Guelph-Humber Month/Year

- Awarded to a student that has made significant contributions to the U of GH community, beyond their program of study

RESEARCH EXPERIENCE Research Assistant to (name of prof) **Month/Year**

University of Guelph-Humber, Toronto, ON

- Study on spirituality in youth and the correlation between different types of spirituality and its effect on mental health
- Collected data by interviewing research participants, controlling for confounding variables by closely following interview guidelines set out by Dr. Walsh
- Recorded all data obtained in interviews in excel documents, ensuring accuracy and maintaining consistent formatting so data could be transferred to SPSS upon completion of data collection

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ADMINISTRATIVE EXPERIENCE

Month/Year

Vice-President, Psychology Society

University of Guelph-Humber, Toronto, ON

- Attended monthly meetings with society executives, general members, and faculty supervisors, and communicated information from meetings to all Psychology students
- Organized and promoted on-campus events for Psychology students

Psychology Representative, Guelph-Humber Student Association

Month/Year

University of Guelph-Humber, Toronto, ON

- Acted as a liaison between students in the Psychology program and the Administration of the University, voicing concerns of students at weekly GHSA meetings as well as at senate meetings at the University of Guelph-Humber

VOLUNTEER EXPERIENCE

Youth Mentor

Month/Year

Youth Assisting Youth (The Peer Project), Toronto, ON

- Provided one on one mentorship and support for a community youth in need, meeting weekly for social outings and acting as a positive role model.

PLACEMENT EXPERIENCE

Psycho-Social Group Facilitator

Month/Year

Peel Halton Dufferin Acquired Brain Injury, Mississauga, ON

- Assisted in the facilitation of group sessions for clients with acquired brain injury

ACADEMIC PAPERS PRESENTED

Aboriginal Community Mental Health in James Bay: Factors That Contribute to Positive Mental Health

Outcomes in a Cree community in northern Ontario, 44th Psychology Undergraduate Thesis

Conference, Queen's University,

Month/Year

(Brief description of what you presented about)