

Welcome to Orientation Week! My name is Ruth and I'm a First Year Experience Leader in the Justice Studies program.

Orientation Week is all about welcoming you to the University of Guelph-Humber and helping you feel ready for your first year.

The week includes program sessions for each of our 7 academic programs, virtual events to meet new friends, and online FYE socials with your FYE Leaders and future classmates. You also have the chance to join us in person for an on-campus Orientation experience. So you get to choose which day you want to come in on campus! Did I mention that there are tons of prizes and giveaways at every session, plus a social media contest running all week?

On Monday, don't miss the O Week Kick-Off at 11 am! In the afternoon, we're hosting the first two program sessions for Media and Communication Studies students and Kinesiology students.

Scroll through all the Orientation Week activities below and register for as many as you like by clicking the big "Register" button below.

See you soon!