What Can I Do With My...

### Career Options
- Registered Kinesiologist
- Certified Strength and Conditioning Specialist
- Clinic Manager
- Certified Exercise Physiologist
- Health Promotions Manager
- Insurance Adjuster
- Occupational Health, Wellness and Abilities Advisor
- Orthopedics/Prosthetics Designer
- Private Consultant
- Rehabilitation Therapist
- Researcher
- Wellness Coordinator
- Work Disability Consultant
- Certified Personal Trainer

*Note: Some careers may require additional study*

### Competencies
- Thorough knowledge of human anatomy
- Understand how and why people move the way they do (and the factors that limit and enhance movement)
- Assist people to maintain their health and prevent injury and disease
- Evaluate and modify activities, equipment and environment to ensure optimal usage
- Application of health counselling and health promotion techniques and programming
- Skilled in organizing, planning and administering activities, programs, groups and events
- Understanding the physical risk assessment, injury prevention and rehabilitation
- Exercise prescription methodologies and techniques and knowledge of CSEP and ACSM training guidelines
- Fitness appraisal techniques and knowledge of CSEP fitness testing protocols

### Further Education
- Master of Science in Physical Therapy
- Master of Occupational Therapy
- Bachelor of Education
- Master of Science (Course & Thesis)
- Master of Public Health
- Master of Arts in Health Promotion
- Chiropractic College
- Naturopathic College
- Medical School

*Note: Some entry into further education may require additional study or courses*

### Association Websites
- Ontario Kinesiology Association
  - [www.oka.on.ca](http://www.oka.on.ca)
- Ontario Fitness Council
  - [www.ontariofitnesscouncil.com](http://www.ontariofitnesscouncil.com)
- Canadian Academy of Sport Medicine
  - [www.casm-acms.org](http://www.casm-acms.org)
- Canadian Colleges Athletic Association
  - [www.ccaa.ca](http://www.ccaa.ca)
- Canadian Athletic Therapists Association
  - [www athletictherapy.org](http://www.athletictherapy.org)
- Canadian Fitness and Lifestyle Research Institute
  - [www.cftri.ca](http://www.cftri.ca)
- Coaching Association of Canada
  - [www.coach.ca](http://www.coach.ca)
- Coalition for Active Living
  - [www.activeliving.ca](http://www.activeliving.ca)
- Canadian Society for Exercise Physiology
  - [www.csep.ca](http://www.csep.ca)
- Canadian Kinesiology Alliance
  - [www.cka.ca](http://www.cka.ca)

### Job Search Websites
- ghworks.guelphhumber.ca
- www.eluta.ca
- www.talentegg.ca
- www.careeredge.ca
- www.jobbank.gc.ca
- www.jobsearch.educationcanada.com
- www.charityvillage.com

*Note: this is not a complete list for more information Contact your Career Services Coordinator:*
https://www.guelphhumber.ca/career/contact